

To Know and Share God's Love

St. Matthew's Episcopal Church

**Third Sunday in Lent
Sunday, March 12, 2023**



EASTER FOOD BAGS

EASTER BAGS RETURN MARCH 21 [STMSTS.ORG/EASTERBAGS](https://stmmts.org/easterbags)

Easter is a wonderful time to share hope and joy in the community. Help provide 200 bags to share with families this Easter! Take home a bag today to fill with requested items. You can also visit the link above to download the shopping list or purchase items online with direct shipping to St. Matt's. Please consider sharing with friends or co-workers who may also be interested in helping. Packers and shoppers are also needed. See the link above.



EASTER SUNDAY VOLUNTEERS [SMTTS.ORG/EASTERHELP](https://stmmts.org/easterhelp)

Do you have a favorite Easter memory? Running to find eggs, the smell of the flowers in the sanctuary? Being nervous walking into church for the first time in a long time? What do all of these have in common? Someone who made those things possible!

You're invited to help make Easter fantastic and create those memories and new ones for yourself. We need you to make Easter possible! Visit the link above to select a way to help.

www.stmmts.org

WELCOME

We know that going to church or to a new church for the first time can be nerve-racking. We want to help make your first experience at St. Matthew's a great one!

If this is your first visit to Saint Matthew's, we welcome you. Please join us between services for coffee, tea and refreshments in the Parish Hall. For more information about our community, visit our website www.stmmts.org. We are so glad you are here!



COMMUNION OF THE PEOPLE

All baptized Christians are welcome to participate in communion. If you would like to receive, simply place one hand on top of the other, palms up, and the priest will place bread in your hand. You may then consume the wafer. If for any reason you prefer to receive a blessing, simply cross your arms across your chest and the priest will give you a blessing. Gluten free wafers are available upon request.

Would you like to learn more about baptism? Please contact our office via email at Office@stmmts.org or phone at 703-430-2121.

INTERCESSORY PRAYER LIST

The Saint Matthew's intercessory prayer list is for those in or related to our community who are in need of prayer. It is designed so that all members of our community can pray for each other on an ongoing basis. In order to pray for those on the list, simply ask God to be with them and help them in any way needed - God knows what is going on, so we don't need to.

Please pray for the following:

Pete, Skip, Desmond, Jeannie, Michael, Tim, Emma, Susan, James, Sean, Joe, Deb, Beltrane family, Teresa, victims of violence, Amber, Yimam family, Fredericks family, E, Laura, Will, William, Frank, Florence, Jerry, Warren, Eddie, Janice, Charlie, Dillon family, Zach, Amy, Julia, Langenkamp family, Nicholas, Crystal, Paulo, Mary W., Jon, Joyce, John S., Panita, McKeown family, Deepak, Flood victims, Vicki, Greg, Mary Ann, Sharp family, Anthony, Josh, Reatha, Athena, Kathleen, Heriberto, Rosaura, Matthew, Denise, Bellamy family, Jose, Pete, Annie, MaryLea, Alan, Nishah, Marty, John G, Damar, Jeremy, Kyeron, Abigail, Verdun, John, Candace, Lea, Bonnie, Arthur, Mel, Eric, Ginny, Andrew, Bob, Robby, Ron, Corinne, AJ, earthquake victims, & train crash victims, Kassidi, Jordan, and Amelia.

If you or someone you care about are in need of Pastoral Care, please call 703-430-2121.

8 AM SERVICE

Silent Entrance (Congregation Stands)	
Acclamation and Opening Sentences	351
Bless the Lord who forgives all our sins.	
God's mercy endures for ever.	
Confession of Sin and Absolution	352
Collect of the Day (Contemporary)	Insert
Lessons	
First Reading • Exodus 17:1-7	
Psalm • 95	
Second Reading • Romans 5:1-11	
Gospel • John 4:5-42	
Sermon	Genevieve Zetlan
Nicene Creed	358
Prayers of the People	
Peace	360
Announcements & Welcome	
The Holy Communion	
Offertory	
Great Thanksgiving • Eucharistic Prayer B	367
Proper Preface	379
Sanctus	362
The Lord's Prayer	364
Breaking of the Bread	364
Angus Dei	407
Invitation to Communion	
Communion of the People	
Post-Communion Prayer	365
Blessing	
Dismissal	366

9:30 AM SERVICE

The Word of God

Opening Song

Opening Sentences

Bless the Lord who forgives all our sins.

God's mercy endures forever.

Opening Prayer (stand through the Gospel)

Song

Song

Gospel • John 4:5-42

Sermon

Genevieve Zetlan

Prayers of the People

Peace

Announcements & Welcome

The Holy Communion

Offertory

(An offertory plate is not passed at this service. If you wish to make a donation, the collection plate can be found at the back of the church, or donations are accepted online at www.stmtts.org/give)

Great Thanksgiving (stand through Communion)

Eucharistic Prayer

Sanctus • Kyrie

The Lord's Prayer

Breaking of the Bread

Communion of the People

Song

Closing Prayer

Blessing

Closing Song

Dismissal

11 AM SERVICE

Silent Entrance (Congregation Stands)	
Acclamation and Opening Sentences	351
Bless the Lord who forgives all our sins.	
God's mercy endures for ever.	
Decalogue	350
Confession of Sin and Absolution	352
Collect of the Day (Contemporary)	Insert
Lessons	
First Reading • Exodus 17:1-7	
Psalm • 95	
Second Reading • Romans 5:1-11	
Gospel • John 4:5-42	
Sermon	Genevieve Zetlan
Nicene Creed	358
Prayers of the People	
Peace	360
Announcements & Welcome	
The Holy Communion	
Offertory Anthem •	
Doxology • Praise God from Whom all Blessings Flow	
Great Thanksgiving • Eucharistic Prayer B	367
Proper Preface	379
Sanctus •	
The Lord's Prayer	364
Breaking of the Bread	364
Angus Dei	
Invitation to Communion	
Communion of the People	
Communion Hymn •	
Post-Communion Prayer	365
Blessing	
Procession into the World •	
Dismissal	366



PARISH WORK DAY SAT., APRIL 1, 9AM-12PM

Join us as we help prepare the grounds and church for a glorious Easter celebration. Stop by for an hour or two. Coffee provided!



PALM SUNDAY AT 8, 9:30, 11AM SUNDAY, APRIL 2

Join us on Palm Sunday for a special worship service which begins outside, remembering Jesus' triumphal entry into Jerusalem in the last days of his life with waving palms, singing, and processing. The service is celebratory until the reading of the Gospel, wherein we hear the passion of Christ.

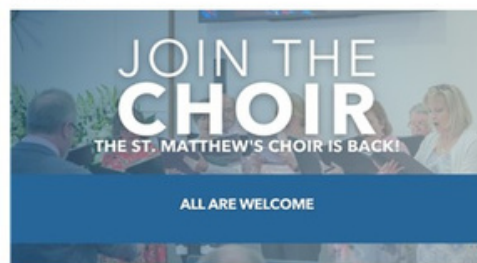


BACKPACK BUDDIES
STMTTS.ORG/BACKPACKBUDDIES
Learn more at the link above.



PEEPS DIORAMA CONTEST SUNDAY, APRIL 2

All students are invited to make a PEEP diorama of their favorite Bible story and display in the parish hall on Palm Sunday. Prizes for best Old Testament, New Testament, Overall, and best incorporation of a donut in honor of our Donuts & Discovery class!



JOIN THE CHOIR!

The choir is preparing for Holy Week and Easter, and we'd love to have you join us. All voices are invited to participate. The rehearsal/schedule is: March 23, 7:30-9:00pm, March 30, 7:30-9:00pm, April 2 at 10am, Maundy Thursday-April 6 at 6:30pm, and Easter-April 9 at 9:45am. For more information, contact Kevin at kevin@stmtts.org





YOUTH MISSION TRIP JULY 9-15, 2023

This summer, rising 6th graders and up will partner with Group Mission in Erie, PA to repair and transform homes while deepening their faith & building relationships with peers and youth leaders.

Find more information or register today at stmmts.org/youthmission.

A \$50 deposit is due to reserve your spot. Friends are always welcome! Scholarships and payment plans are available. Contact Office@stmmts.org



DONUTS & DISCOVERY

The Biblical Plagues: Fact or Fiction? This week in Donuts²⁷ Discovery take a look at locusts and rivers of blood, frogs and darkness, and more! Join Allison to look at the science behind the 10 plagues and decide what you think happened.

Middle and high school students are invited to meet in classroom four at 10:30AM for a lively discussion.

MARCH COFFEE HOUR KIDS



COFFEE HOUR KIDS

Elementary aged kids are invited for activities while parents enjoy fellowship in the parish hall. Grab a snack and head to classroom two for fun! March 12 - March Madness Games March 19 & 26 - Stuff Eggs



VACATION BIBLE SCHOOL
JULY 24-29, 2023, 5:30-8:30PM
STMMTS.ORG/VBS



TALENT SHOW & AUCTION SATURDAY, APRIL 15, 6PM

Join us for a night of fun and great talent while supporting the student summer mission trip to Erie, PA. Students are invited to register to participate in the talent show by contacting Jae through the church office at Office@stmmts.org.



**DEDICATE EASTER FLOWERS
STMTTS.ORG/FLOWERS**

You're invited to help us fill the church with flowers as we celebrate the Resurrection on Easter Sunday. Dedications for Easter flowers are welcome to remember loved ones, give thanks for blessings, or any special occasion. Donations may be made in any amount. Submit donations at stmtts.org/flowers or use the cards provided in the pews. Donations may be made by cash, check, or online at stmtts.org/give.



**SPRING LUNCH MEET-UP
FRIDAY, MARCH 24, 11:45AM**

Head over to Virginia Kitchen (450 Elden St, Herndon, VA) at 11:45am, grab a bite to eat, & enjoy good food & great company.



STMTTS.ORG/EGGHUNT



**WEDNESDAYS AT CHURCH
STMTTS.ORG/LENT**

This Lent, we invite you to spend time with God by joining us on Wednesday from 7 to 8PM. We'll begin with a brief reflection followed by group discussion. We'll take time to consider how we can deepen our understanding of the following:
March 15: The Holy Ghost and the Supernatural
March 22: Why Me?
March 29: What is Salvation



**WALK THROUGH HOLY WEEK
Maundy Thursday**

April 6, 7:30pm

Good Friday

April 7, 12pm and 7:30pm

Holy Saturday

April 8, 10am



**GAME NIGHT
FRIDAY, MARCH 31, 6PM-9PM**



3 LENT

Third Sunday in Lent



Revised Common Lectionary

COLLECT

Sunday, March 12, 2023

Traditional

ALMIGHTY GOD, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. *Amen.*

Contemporary

ALMIGHTY GOD, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

FIRST READING: Exodus 17:1-7

FROM THE WILDERNESS of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

Refrain

Today if you would hear God's voice, harden not your hearts.

Psalm 95 *from the Book of Common Prayer*

- | | |
|--|---|
| 1 Come, let us sing to the LORD; * let us shout for joy to the Rock of our salvation. | the sheep of his hand. * Oh, that today you would hearken to his voice! |
| 2 Let us come before his presence with thanksgiving * and raise a loud shout to him with psalms. | 8 Harden not your hearts, as your forebears did in the wilderness, * at Meribah, and on that day at Massah, when they tempted me. |
| 3 For the LORD is a great God, * and a great King above all gods. | 9 They put me to the test, * though they had seen my works. |
| 4 In his hand are the caverns of the earth, * and the heights of the hills are his also. | 10 Forty years long I detested that generation and said, * "This people are wayward in their hearts; they do not know my ways." |
| 5 The sea is his, for he made it, * and his hands have molded the dry land. | 11 So I swore in my wrath, * "They shall not enter into my rest." |
| 6 Come, let us bow down, and bend the knee, * and kneel before the LORD our Maker. | |
| 7 For he is our God, and we are the people of his pasture and | |

SECOND READING: Romans 5:1-11

SINCE WE ARE justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has

voice, harden not your hearts.

Book of Common Prayer

the sheep of his hand. * Oh,
that today you would hearken
to his voice!

8 Harden not your hearts, as
your forebears did in the
wilderness, * at Meribah, and
on that day at Massah, when
they tempted me.

9 They put me to the test, *
though they had seen my
works.

10 Forty years long I detested
that generation and said, *
“This people are wayward in
their hearts; they do not know
my ways.”

11 So I swore in my wrath, *
“They shall not enter into my
rest.”

VG: Romans 5:1-11

We have peace with God through our
we have obtained access to this grace in
hope of sharing the glory of God. And
our sufferings, knowing that suffering
e produces character, and character
isappoint us, because God's love has

been poured into our hearts through
to us. For while we were still weak,
ungodly. Indeed, rarely will anyone
perhaps for a good person someone
proves his love for us in that while
us. Much more surely then, now that
will we be saved through him from
enemies, we were reconciled to God
more surely, having been reconciled,
than that, we even boast in God through
whom we have now received reconc

GOSPEL:

JESUS CAME to a Samaritan city called
that Jacob had given to his son Joseph
tired out by his journey, was sitting
A Samaritan woman came to draw water
a drink.” (His disciples had gone to the
woman said to him, “How is it that you
of Samaria?” (Jews do not share things
answered her, “If you knew the gift
you, ‘Give me a drink,’ you would have
you living water.” The woman said
the well is deep. Where do you get this
our ancestor Jacob, who gave us the
drank from it?” Jesus said to her, “You
be thirsty again, but those who drink
never be thirsty. The water that I will
water gushing up to eternal life.” The
water, so that I may never be thirsty
water.” Jesus said to her, “Go, call
woman answered him, “I have no husband
right in saying, ‘I have no husband’
the one you have now is not your husband
The woman said to him, “Sir, I see
worshiped on this mountain, but you
worship is in Jerusalem.” Jesus said to
coming when you will worship the Father

Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

THIS WEEK AT ST. MATT'S

Sunday, March 12th

8:00 am - Rite I Worship Service
9:30 am - Festival Worship Service
10:30 am - That's in There?! Youth Grp
11:00 am - Classic Worship Service
12:30 pm - Young Professionals
1:00 pm - Gold Award Installation
6:30 pm - Alcoholics Anonymous
6:30 pm - Girl Scout Troop 2274
8:15 pm - Narcotics Anonymous

Monday, March 13th

12:00 pm - Social Time with Candace
7:00 pm - Bread of Life
7:30 pm - Free to Live
8:00 pm - Compline
8:20 pm - Social Time with Kevin

Tuesday, March 14th

9:00 am - All Ages Read Together
9:00 am - Classroom of Discovery
10:00 am - Staff Meeting
12:00 pm - Backpack Buddies Packing
6:30 pm - Alcoholics Anonymous
7:00 pm - Education for Ministry
8:00 pm - Compline

Wednesday, March 15th

9:00 am - Classroom of Discovery
12:00 pm - Alcoholics Anonymous
7:00 pm - Wednesdays at Church
7:00 pm - Alcoholics Anonymous
8:00 pm - Compline

Thursday, March 16th

9:00 am - All Ages Read Together
10:45 pm - Anam Cara
11:00 am - Outside Book Group
8:00 pm - Compline

Friday, March 17th

7:00 pm - Old Dominion Dancers
8:00 pm - Compline

Saturday, March 18th

8:00 am - Men's Group
6:30 pm - Alcoholics Anonymous
7:00 pm - Narcotics Anonymous
8:30 pm - Narcotics Anonymous

HAPPY BIRTHDAY

March 12th: Penelope Reed
March 13th: Tim Cooke
March 14th: Matt Greenlund
March 16th: Justin Warnick
March 17th: Randolph Sta. Ana, Lacy Hurst, Emma Nelson

ATTENDANCE

Sunday, March 5, 2023

Time or Place	Attendance Online	Attendance In-Person
8:00 AM	17	21
9:30 AM	33	119
11:00 AM	17	45
Faith Factory		7

HELP SUPPORT ST. MATTHEW'S MINISTRIES

GIVE ONLINE

stmtts.org/give

VENMO

@stmttssterling



CASH OR CHECK

Checks can be made payable to
"St. Matthew's Church" and
placed into the collection plate

For more ways to give and
information on automatic giving:

stmtts.org/give

WORSHIP OPPORTUNITIES

In-Person & Online

8:00AM | This is a traditional communion service using Rite II from the Book of Common Prayer.

9:30AM | This is a vibrant communion service with our very own live band. If you are looking for a joyous family service with some of the best music around, this is the service for you.

11:00AM | A classic communion service with our fabulous choir. We use Rite II from the Book of Common Prayer.

Compline (evening prayer) Mon.–Fri. at 8pm on Facebook

Online Worship
stmmts.org/live

Sunday services are broadcast on Facebook and YouTube.

St. Matthew's Staff & Vestry

Rector, Rev. C. Robert Merola, Jr.
Rob@stmmts.org

General Manager, Miriam Turner
Office@stmmts.org

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Kristin.Bellamy@stmmts.org

Bookkeeper, Jean DeFuria
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Children's Ministry Intern
Aurelia Porto, Aurelia.Porto@stmmts.org

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Kevin@stmmts.org

Dir. of Communications, Kathleen Bellamy
Kathleen@stmmts.org

Dir. of Student Connections, Ron Whitt
Ron.Whitt@stmmts.org

Office Assistant, Sue Reier
Sue@stmmts.org

VESTRY

Sara Warnick, Senior Warden
Andrew Wright, Junior Warden
Caitlin Dronfield
Kristin Drummond
Bob Henry
Sharon Muniz
Robby Stevens

Service Volunteers

Ushers | Jackie Harbourne, Marie Thomen, Emory Henderson, Justin Warnick, Sharon Ferguson, Lorenzo Martini

Lectors | Linden Sanders, Kevin Fletcher

Eucharistic Ministers | Dick Almarode, Carolyn Wright, Gerry Wardell

Tellers | Dan Robertson

Flower Guild | Martha Olson, Pam Hart, Priscilla Shingleton

Altar Guild | Richard Henry, Adrienne Miller