

To Know and Share God's Love

St. Matthew's Episcopal Church

Third Sunday after Pentecost
Sunday, June 18, 2023

COOKOUT AT ROB & LINDA'S

COOKOUT AT ROB & LINDA'S
WEDNESDAY, JUNE 21, 7-8:30PM

RSVP: OFFICE@STMTTS.ORG

On Wednesday, June 21, there will be a cookout in Rob and Linda Merola's backyard (34 Bedford Drive) from 7PM to 8:30PM.

Bring a chair and something to share (there is always plenty of food) and enjoy some great discussion with wonderful people!

ST. MATTHEW'S

Small..... Groups SURVEY

SMALL GROUP SURVEY
[STMTTS.ORG/SURVEY](https://stmtts.org/survey)

Help us improve and grow our small group offerings at St. Matthew's by filling out this short 8 question survey. Use the link above or scan the QR code.



WELCOME

We know that going to church or to a new church for the first time can be nerve-racking. We want to help make your first experience at St. Matthew's a great one!

If this is your first visit to Saint Matthew's, we welcome you. Please join us between services for coffee, tea and refreshments in the Parish Hall. For more information about our community, visit our website www.stmtts.org. We are so glad you are here!



COMMUNION OF THE PEOPLE

All baptized Christians are welcome to participate in communion. If you would like to receive, simply place one hand on top of the other, palms up, and the priest will place bread in your hand. You may then consume the wafer. If for any reason you prefer to receive a blessing, simply cross your arms across your chest and the priest will give you a blessing. Gluten free wafers are available upon request.

Would you like to learn more about baptism? Please visit our website: stmtts.org/Baptism or contact our office via email at Office@stmtts.org or phone at 703-430-2121.

INTERCESSORY PRAYER LIST

The Saint Matthew's intercessory prayer list is for those in or related to our community who are in need of prayer. It is designed so that all members of our community can pray for each other on an ongoing basis. In order to pray for those on the list, simply ask God to be with them and help them in any way needed - God knows what is going on, so we don't need to.

Please pray for the following:

John S, Panita, McKeown family, Deepak, Flood Victims, Vicki, Greg, Mary Ann, Sharp Family, Anthony, Josh, Reatha, Athena, Kathleen, Heriberto, Rosaura, Matthew, Denise, Bellamy Family, Jose, Pete, Annie, MaryLea, Alan, Nishah, Marty, Damar, Jeremy, Kyeron, Abigail, Verdun, Candace, Sieg, Chuck, Lea, Bonnie, Arthur, John G, Gina, James, Sean, Deb, Teresa, Mel, Eric, Debbie, Marshall, Ginny, Andrew, Bob, Robby, Ron, Earthquake Victims, Train Crash Victims, Kathleen, Jenny, Corinne, AJ, Kassadi, Jordan, Amelia, Michael, Steve, Raven, Kenya, Josiah, Joy, Elizabeth, Rusty, Elizabeth, Michelle, Yutzy family, Tike, Sites Family, Frank, Tess, Brian, Mike, Zach, Paine, Arjun, Scotty, Brad, Mary W., Bobby, Elijah, Philip, Myers family, Phil, Pat, Bob, Terry & Kathy.

If you or someone you care about are in need of Pastoral Care, please call 703-430-2121.

8 AM SERVICE

The Word of God

Opening Prayer	
Acclamation and Collect for Purity	355
Holy God	356
Collect of the Day (contemporary)	Insert
Lessons	
First Reading • Genesis 18:1-15	
Psalm • 116:1, 10-17	
Second Reading • Romans 5:1-8	
Gospel • Matthew 9:35–10:8, [9-23]	
Sermon	The Reverend C. Robert Merola, Jr.
Nicene Creed	358
Prayers of the People, Form III	387
Confession of Sin and Absolution	359-360
Peace	360
Announcements & Welcome	

The Holy Communion

Offertory	
Presentation of Tithes and Offerings	
<i>All things come of thee, O Lord,</i> <i>And of thine own have we given thee.</i>	
Great Thanksgiving • Eucharistic Prayer C	369
The Lord's Prayer	364
Breaking of the Bread	364
Invitation to Communion	364
Communion of the People	
Post-Communion Prayer	366
Blessing	
Procession into the World	366

9:30 AM SERVICE

The Word of God

Opening Songs (stand through the Gospel)

Song • These Thousand Hills

Song • Devotion

Gospel • Matthew 9:35–10:8

Sermon

The Reverend C. Robert Merola, Jr.

Prayers of the People

Peace

Announcements & Welcome

The Holy Communion

Offertory

(An offertory plate is not passed at this service. If you wish to make a donation, the collection plate can be found at the back of the church, or donations are accepted online at www.stmmts.org/give)

Great Thanksgiving (stand through Communion)

Eucharistic Prayer

Sanctus

The Lord's Prayer

Breaking of the Bread

Communion of the People

Song • Born Again

Closing Prayer (stand through dismissal)

Blessing

Closing Song • All the People Said Amen

Dismissal

11 AM SERVICE

The Word of God

Processional Hymn • #440 (verses 1, 2, & 3)	
Acclamation and Collect for Purity	355
Gloria • Glory to God	
Collect of the Day (Contemporary)	Insert
Lessons	
First Reading • Genesis 18:1-15	
Psalm • 116:1, 10-17	
Second Reading • Romans 5:1-8	
Gospel • Matthew 9:35–10:8, [9-23]	
Sermon	The Reverend C. Robert Merola, Jr.
Nicene Creed	358
Prayers of the People	
Confession and Absolution	360
Peace	360
Announcements & Welcome	

The Holy Communion

Offertory Anthem • Come With Me Into the Fields	arr. K. Fletcher
Presentation of Tithes and Offerings	
Doxology • #380 vs. 3 Praise God from Whom all Blessings Flow	
Great Thanksgiving • Eucharistic Prayer C	369
Sanctus •	
The Lord's Prayer	364
Breaking of the Bread	364
Invitation to Communion	
Communion of the People	
Communion Hymn • #469 (verses 1, 2, & 3)	
Post-Communion Prayer	365
Blessing	
Procession into the World • #518 (verses 1, 2, & 4)	
Dismissal	366



PRAYING
PELICAN
MISSIONS

ADULT MISSION TRIP CREDITS

MISSION TRIP CREDIT

St. Matthew's has a generous credit with Praying Pelican Mission - a remnant from our cancelled 2020 mission to the Bahamas. Rightly, we have learned that this credit must be used by the end of 2023, and we are actively seeking an individual or small group that is interested in going on a mission trip this year. Please contact Fr. Rob or Miriam at Office@stmmts.org to learn more. If the funds are not used, by our request, they will be donated to the Praying Pelican mission work being done in Haiti.

WOMEN'S

retreat

SIGN UP TODAY!

ST. MATT'S WOMENS RETREAT SEPTEMBER 22-24, 2023

[STMMTS.ORG/RETREAT](https://stmmts.org/retreat)

You're invited to join the women of St. Matthew's to enjoy fellowship and relaxation as we cultivate fertile soil into our hearts. We are excited for the weekend's special guest speaker, Rev. Mary Margaret Winn.

Visit the link above for details and registration. Space is limited.



VOLUNTEER IN THE GARDEN!

Volunteers of all ages are welcome on Tuesdays from 8:30am - 10:30am to work in the garden!

ARE YOU IN YOUR 20's OR 30's & LOOKING
TO ENRICH YOUR SPIRITUAL LIFE? JOIN US!

Young
Professionals
A.K.A YoPro



CAITLIN.DRONFIELD@STMMTS.ORG

YOUNG PROFESSIONALS

We'd love to meet you and we invite you to join our small group. We are meeting the 1st and 3rd Sundays in June. Contact Caitlin for information.

DELIVER FOOD FOR
LINK FOOD PANTRY



LINK FOOD PANTRY [STMMTS.ORG/LINK](https://stmmts.org/link)

Looking for a great summer volunteering opportunity for your family or a small group of friends? LINK food pantry is in need of summer help delivering food to local families! It's easy and a fun way to give back to the community. Questions? Ask Miriam at Office@stmmts.org.



VBS YOUTH VOLUNTEER EVENTS

VBS is a special gift we offer our community, and it's powered by volunteers! We like to give special thanks to our middle and high school aged volunteers by inviting them to participate in super fun events each evening after VBS.

When the campers go home, the VBS volunteers get to play! Register to volunteer at stmmts.org/vbs.

Don't miss fun events like: karaoke, ice cream, water games, slip n slide kickball and more!



ST. MATT'S LADIES NIGHT STMMTS.ORG/LADIESNIGHT

Looking for a fun ladies' night out? Join some of your St. Matt's besties for an evening at Tarara Winery and enjoy DC Area's most popular party band Gonzo's Nose! Grab a friend and RSVP below to let us know you're coming, and don't forget to purchase your tickets ahead of time directly from Tarara Winery!

Register at stmmts.org/ladiesnight

VACATION BIBLE SCHOOL

**JULY 24-29, 2023, 5:30-8:30PM
STMMTS.ORG/VBS**

VBS is a week long extravaganza that will launch kids on a cosmic quest where they'll have a blast shining Jesus' light on the world. Dinner is served followed by an evening full of fun, games, science, Bible drama, and more! Registration for the best week of summer is open now for campers (preschool-rising 5th graders) and for volunteers (rising 6th graders - adult). Use the link above and register today.

**Questions? Contact Kathleen at
Kathleen@stmmts.org**



JOURNEY BREAKFAST CLUB SUNDAY, JUNE 25, 9:30AM

We are thrilled to launch our student ministry mentoring groups. Rising 7th -12th graders are invited to come and be who they are, make friends, and have real conversations about God. Meet in classrooms one & two.

**Questions? Contact Ron at
journey@stmmts.org**



HUNGER RESPONSE TEAM OF STERLING - HRTS STERLINGHELP.ORG

HRTS is a new 501c3 started to address the growing needs of our community. We are excited as this will allow us access to grants and corporate matching that have been previously unavailable to us as a religious organization.

Please help us spread the word by asking two friends or co-workers to join you in supporting a Backpack Buddies child. \$9/week provides six meals to a child right here in our community. Share the link above for more information, and ask your employer about corporate matching.

CHANGEJARS

SUPPORTING

YOUTH MISSION 2023

RETURN CHANGE JARS BY SUNDAY, JUNE 25

Please return change jars to support the Youth Mission Trip on or before Sunday, June 25. Coins collected will be used to provide transportation and support fun activities during their mission trip. Please continue to pray for our students and leaders as they venture off to Erie, PA July 9-15.



FRIDAY, JUNE 30, 6PM-9PM TABLETOP GAME NIGHT

Do you love tabletop games? Parks, Forbidden Desert, Sushi Go, Wing Span, Who Killed Dr. Lucky? There are so many great games! Which is your favorite? Bring your favorite board or card game and a snack to share, as we enjoy hanging out and trying new games.



JUNE 19-23, 2023

Church office hours for the week of June 19 - 23, 2023, will be Monday 1:00PM - 4:00PM, Tuesday/Thursday, 9:00AM - 2:30PM, and Wednesday 9:00 AM - 4:00 PM.



EDUCATION FOR MINISTRY

Join us on Sunday, June 25 at 11 am as we celebrate our EfM graduates: Adrian Dias Mattina, Elly Hilz, Richard Henry, and Becky Smith.



3 PENTECOST

Third Sunday after Pentecost: Proper 6



Revised Common Lectionary
TRACK ONE

Sunday, June 18, 2023

COLLECT

Traditional

KEEP, O LORD, we beseech thee, thy household the Church in thy steadfast faith and love, that by the help of thy grace we may proclaim thy truth with boldness, and minister thy justice with compassion; for the sake of our Savior Jesus Christ, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. *Amen.*

Contemporary

KEEP, O LORD, your household the Church in your steadfast faith and love, that through your grace we may proclaim your truth with boldness, and minister your justice with compassion; for the sake of our Savior Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

FIRST READING: Genesis 18:1-15; [21:1-7]

THE LORD APPEARED to Abraham by the oaks of Mamre, as he sat at the entrance of his tent in the heat of the day. He looked up and saw three men standing near him. When he saw them, he ran from the tent entrance to meet them, and bowed down to the ground. He said, "My lord, if I find favor with you, do not pass by your servant. Let a little water be brought, and wash your feet, and rest yourselves under the tree. Let me bring a little bread, that you may refresh yourselves, and after that you may pass on—since you have come to your servant." So they said, "Do as you have said." And Abraham hastened into the tent to Sarah, and said, "Make ready quickly three measures of choice flour, knead it, and make cakes." Abraham ran to the herd, and took a calf, tender and good, and gave it to the servant, who hastened to prepare it. Then he took curds and milk and the calf that he had prepared, and set it before them; and he stood by them under the tree while they ate. They said to him, "Where is your wife Sarah?" And he said, "There, in the tent." Then one said, "I will

surely return to you in due season, and your wife Sarah shall have a son." And Sarah was listening at the tent entrance behind him. Now Abraham and Sarah were old, advanced in age; it had ceased to be with Sarah after the manner of women. So Sarah laughed to herself, saying, "After I have grown old, and my husband is old, shall I have pleasure?" The Lord said to Abraham, "Why did Sarah laugh, and say, 'Shall I indeed bear a child, now that I am old?' Is anything too wonderful for the Lord? At the set time I will return to you, in due season, and Sarah shall have a son." But Sarah denied, saying, "I did not laugh"; for she was afraid. He said, "Oh yes, you did laugh." [The Lord dealt with Sarah as he had said, and the Lord did for Sarah as he had promised. Sarah conceived and bore Abraham a son in his old age, at the time of which God had spoken to him. Abraham gave the name Isaac to his son whom Sarah bore him. And Abraham circumcised his son Isaac when he was eight days old, as God had commanded him. Abraham was a hundred years old when his son Isaac was born to him. Now Sarah said, "God has brought laughter for me; everyone who hears will laugh with me." And she said, "Who would ever have said to Abraham that Sarah would nurse children? Yet I have borne him a son in his old age."]

Refrain

I will walk in the presence of the Lord in the land of the living.

Psalm 116:1, 10-17 *from the Book of Common Prayer*

- | | |
|--|---|
| <p>1 I love the LORD, because he
has heard the voice of my
supplication, * because he
has inclined his ear to me
whenever I called upon him.</p> | <p>12 I will fulfill my vows to the
LORD * in the presence of
all his people.</p> |
| <p>10 How shall I repay the LORD *
for all the good things he
has done for me?</p> | <p>13 Precious in the sight of the
LORD * is the death of his
servants.</p> |
| <p>11 I will lift up the cup of
salvation * and call upon
the Name of the LORD.</p> | <p>14 O LORD, I am your servant; *
I am your servant and the
child of your handmaid;
you have freed me from my
bonds.</p> |

- 15 I will offer you the sacrifice
of thanksgiving * and call
upon the Name of the LORD.
- 16 I will fulfill my vows to the
LORD * in the presence of
all his people,
- 17 In the courts of the LORD's
house, * in the midst of you,
O Jerusalem. Hallelujah!

SECOND READING: Romans 5:1-8

SINCE WE ARE JUSTIFIED by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us.

GOSPEL: Matthew 9:35–10:8, [9-23]

JESUS WENT ABOUT all the cities and villages, teaching in their synagogues, and proclaiming the good news of the kingdom, and curing every disease and every sickness. When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, "The harvest is plentiful, but the laborers are few; therefore ask the Lord of the harvest to send out laborers into his harvest." Then Jesus summoned his twelve disciples and gave them authority over unclean spirits, to cast them out, and to cure every disease and every sickness. These are the names of the twelve apostles: first, Simon, also known as Peter, and his brother Andrew; James son of Zebedee, and his brother John; Philip and Bartholomew; Thomas and Matthew the tax collector; James son of Alphaeus,

and Thaddaeus; Simon the Cananaean, and Judas Iscariot, the one who betrayed him. These twelve Jesus sent out with the following instructions: "Go nowhere among the Gentiles, and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. As you go, proclaim the good news, 'The kingdom of heaven has come near.' Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment." ["Take no gold, or silver, or copper in your belts, no bag for your journey, or two tunics, or sandals, or a staff; for laborers deserve their food. Whatever town or village you enter, find out who in it is worthy, and stay there until you leave. As you enter the house, greet it. If the house is worthy, let your peace come upon it; but if it is not worthy, let your peace return to you. If anyone will not welcome you or listen to your words, shake off the dust from your feet as you leave that house or town. Truly I tell you, it will be more tolerable for the land of Sodom and Gomorrah on the day of judgment than for that town. See, I am sending you out like sheep into the midst of wolves; so be wise as serpents and innocent as doves. Beware of them, for they will hand you over to councils and flog you in their synagogues; and you will be dragged before governors and kings because of me, as a testimony to them and the Gentiles. When they hand you over, do not worry about how you are to speak or what you are to say; for what you are to say will be given to you at that time; for it is not you who speak, but the Spirit of your Father speaking through you. Brother will betray brother to death, and a father his child, and children will rise against parents and have them put to death; and you will be hated by all because of my name. But the one who endures to the end will be saved. When they persecute you in one town, flee to the next; for truly I tell you, you will not have gone through all the towns of Israel before the Son of Man comes."]

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THIS WEEK AT ST. MATT'S

Sunday, June 18th

8:00 am - Rite I Worship Service
9:30 am - Festival Worship Service
11:00 am - Classic Worship Service
12:30 pm - Young Professionals
6:30 pm - Girl Scout Troop 2274

Monday, June 19th

12:00 pm - Social Time with Candace
7:00 pm - Bread of Life
7:30 pm - Free to Live
8:00 pm - Compline

Tuesday, June 20th

10:00 am - Staff Meeting
6:30 pm - Alcoholics Anonymous
7:00 pm - Band Rehearsal
8:00 pm - Compline

Wednesday, June 21st

12:00 pm - Alcoholics Anonymous
7:00 pm - Alcoholics Anonymous
7:00 pm - Cookout at Rob & Linda's
8:00 pm - Compline

Thursday, June 22nd

10:45 pm - Anam Cara (Closed Group)
2:00 pm - CSA pick-up
8:00 pm - Compline

Friday, June 23rd

7:00 pm - Old Dominion Dancers
8:00 pm - Compline

Saturday, June 24th

8:00 am - Men's Group
10:30 am - Marie Thomen's 90th Birthday
6:30 pm - Alcoholics Anonymous
7:00 pm - Narcotics Anonymous
8:30 pm - Narcotics Anonymous

HAPPY BIRTHDAY

June 18th: Sarah Sta. Ana, Lauren McCall
June 19th: Jenny Greenlund
June 20th: Aurelia Porto, William Parham
June 21st: Aaron Metcalfe, Debbie Majewski
June 22nd: Chase Helein, Otto Kotraba

HAPPY ANNIVERSARY

June 19th: Regina & Neil McPhie
June 22nd: Hillary & Sean Collins
June 23rd: Amanda & Adam Boone, Shay & Andrew Nelson

ATTENDANCE

Sunday, June 11, 2023

Time or Place	Attendance Online	Attendance In-Person
8:00 AM	17	17
9:30 AM	22	119
11:00 AM	11	26
Kids Chapel		15

HELP SUPPORT ST. MATTHEW'S MINISTRIES

GIVE ONLINE

stmtts.org/give

VENMO

@stmttssterling



CASH OR CHECK

Checks can be made payable to "St. Matthew's Church" and placed into the collection plate

For more ways to give and information on automatic giving:

stmtts.org/give

WORSHIP OPPORTUNITIES

In-Person & Online

8:00AM | This is a traditional communion service using Rite II from the Book of Common Prayer.

9:30AM | This is a vibrant communion service with our very own live band. If you are looking for a joyous family service with some of the best music around, this is the service for you.

11:00AM | A classic communion service with our fabulous choir. We use Rite II from the Book of Common Prayer.

Compline (evening prayer) Mon.–Fri. at 8pm on Facebook

Online Worship
stmmts.org/live

Sunday services are broadcast on Facebook and YouTube.

St. Matthew's Staff & Vestry

Rector, Rev. C. Robert Merola, Jr.
Rob@stmmts.org

General Manager, Miriam Turner
Office@stmmts.org

Audio, Livestream Coordinator,
Mason Turner II, Mason2.Turner@stmmts.org
Michael Porter, Michael.Porter@stmmts.org

Bookkeeper, Jean DeFuria
Bookkeeper@stmmts.org

Director Choir, Kevin Fletcher
Kevin@stmmts.org

Dir. of Communications, Kathleen Bellamy
Kathleen@stmmts.org

Dir. of Student Connections for Middle and High School, Ron Whitt
Ron.Whitt@stmmts.org

Office Assistant, Sue Reier
Sue@stmmts.org

Summer Interns
Kassidy Juliane and Colin Lathrop

VESTRY

Sara Warnick, Senior Warden
Andrew Wright, Junior Warden
Caitlin Dronfield
Kristin Drummond
Bob Henry
Sharon Muniz
Robby Stevens

Service Volunteers

Ushers | Justin Warnick, Maria Palmer, Lorenzo Martini

Lectors | Martha Olson, Sue Reier

Eucharistic Ministers LEMs | Darrell Breed, Martha Olson, Tom Leary, Cindy Steinman, Lisa Lintelman, Gerry Wardell

Tellers | Dan Robertson

Altar Guild | Elly Hilz, Linda Merola, Sue Reier