

To Know and Share God's Love

St. Matthew's Episcopal Church

Sixth Sunday after Pentecost
Sunday, July 9, 2023



VACATION BIBLE SCHOOL
JULY 24-29, 2023, 5:30-8:30PM
STMTTS.ORG/VBS

VBS is a week long extravaganza that will launch kids on a cosmic quest where they'll have a blast shining Jesus' light on the world. Dinner is served followed by an evening full of fun, games, science, Bible drama, and more! Registration for the best week of summer is open now for campers (preschool-rising 5th graders) and for volunteers (rising 6th graders - adult). Use the link above and register today.

ST. MATT'S LADIES NIGHT
STMTTS.ORG/LADIES NIGHT

Looking for a fun ladies' night out? Join some of your St. Matt's besties for an evening at Tarara Winery and enjoy DC Area's most popular party band Gonzo's Nose! Grab a friend and RSVP below to let us know you're coming, and don't forget to purchase your tickets ahead of time directly from Tarara Winery!

Register at stmtts.org/ladiesnight

WELCOME

We know that going to church or to a new church for the first time can be nerve-racking. We want to help make your first experience at St. Matthew's a great one!

If this is your first visit to Saint Matthew's, we welcome you. Please join us between services for coffee, tea and refreshments in the Parish Hall. For more information about our community, visit our website www.stmmts.org. We are so glad you are here!



COMMUNION OF THE PEOPLE

All baptized Christians are welcome to participate in communion. If you would like to receive, simply place one hand on top of the other, palms up, and the priest will place bread in your hand. You may then consume the wafer. If for any reason you prefer to receive a blessing, simply cross your arms across your chest and the priest will give you a blessing. Gluten free wafers are available upon request.

Would you like to learn more about baptism? Please visit our website: stmmts.org/Baptism or contact our office via email at Office@stmmts.org or phone at 703-430-2121.

INTERCESSORY PRAYER LIST

The Saint Matthew's intercessory prayer list is for those in or related to our community who are in need of prayer. It is designed so that all members of our community can pray for each other on an ongoing basis. In order to pray for those on the list, simply ask God to be with them and help them in any way needed - God knows what is going on, so we don't need to.

Please pray for the following:

John S, Panita, Deepak, Flood Victims, Vicki, Greg, Mary Ann, Sharp Family, Anthony, Josh, Reatha, Athena, Kathleen, Heriberto, Rosaura, Matthew, Denise, Bellamy Family, Jose, Pete, Annie, MaryLea, Alan, Nishah, Marty, Damar, Jeremy, Kyeron, Abigail, Verdun, Candace, Sieg, Chuck, Lea, Bonnie, Arthur, John G, Gina, Glo, James, Sean, Deb, Teresa, Mel, Eric, Debbie, Marshall, Ginny, Andrew, Bob, Robby, Ron, Earthquake Victims, Train Crash Victims, Kathleen, Jenny, Corinne, AJ, Kassadi, Jordan, Amelia, Michael, Steve, Raven, Kenya, Josiah, Joy, Elizabeth, Rusty, Elizabeth, Michelle, Yutzy family, Sites Family, Frank, Tess, Brian, Mike, Zach, Paine, Arjun, Scotty, Brad, Myers family, Phil, Terry, Kathy, Pat, Bob, Mary W., Elijah, Philip, Tonia, Bronwyn, Sanjay, Susanna, the Lawrence family, Fabiano, and McKeown family.

If you or someone you care about are in need of Pastoral Care, please call 703-430-2121.

8 AM SERVICE

The Word of God

Opening Prayer	
Acclamation and Collect for Purity	355
Holy God	356
Collect of the Day (contemporary)	Insert
Lessons	
First Reading • Genesis 24:34-38, 42-49, 58-67	
Canticle • The Song of My Beloved (Song of Solomon 2:8-13)	
Second Reading • Romans 7:15-25a	
Gospel • Matthew 11:16-19, 25-30	
Sermon	Reverend C. Robert Merola, Jr.
Nicene Creed	358
Prayers of the People, Form III	387
Confession of Sin and Absolution	359-360
Peace	360
Announcements & Welcome	

The Holy Communion

Offertory	
Presentation of Tithes and Offerings	
<i>All things come of thee, O Lord,</i> <i>And of thine own have we given thee.</i>	
Great Thanksgiving • Eucharistic Prayer C	369
The Lord's Prayer	364
Breaking of the Bread	364
Invitation to Communion	364
Communion of the People	
Post-Communion Prayer	366
Blessing	
Procession into the World	366

9:30 AM SERVICE

The Word of God

Opening Songs (stand through the Gospel)

Song •

Song •

Gospel • Matthew 11:16-19, 25-30

Sermon

Reverend C. Robert Merola, Jr.

Prayers of the People

Peace

Announcements & Welcome

The Holy Communion

Offertory

(An offertory plate is not passed at this service. If you wish to make a donation, the collection plate can be found at the back of the church, or donations are accepted online at www.stmnts.org/give)

Great Thanksgiving (stand through Communion)

Eucharistic Prayer

Sanctus

The Lord's Prayer

Breaking of the Bread

Communion of the People

Song •

Closing Prayer (stand through dismissal)

Blessing

Closing Song •

Dismissal

11 AM SERVICE

The Word of God

Processional Hymn	
Acclamation and Collect for Purity	355
Gloria • S280	
Collect of the Day (Contemporary)	Insert
Lessons	
First Reading • Genesis 24:34-38, 42-49, 58-67	
Canticle • The Song of My Beloved (Song of Solomon 2:8-13)	
Second Reading • Romans 7:15-25a	
Gospel • Matthew 11:16-19, 25-30	
Sermon	Reverend C. Robert Merola, Jr.
Nicene Creed	358
Prayers of the People	
Confession and Absolution	360
Peace	360
Announcements & Welcome	

The Holy Communion

Offertory Anthem	
Presentation of Tithes and Offerings	
Doxology • #380 vs. 3 Praise God from Whom all Blessings Flow	
Great Thanksgiving • Eucharistic Prayer C	369
Sanctus • S130	
The Lord's Prayer	364
Breaking of the Bread	364
Invitation to Communion	
Communion of the People	
Communion Song	
Post-Communion Prayer	365
Blessing	
Procession into the World	
Dismissal	366



VBS YOUTH VOLUNTEER EVENTS

VBS is a special gift we offer our community, and it's powered by volunteers! We like to give special thanks to our middle and high school aged volunteers by inviting them to participate in super fun events each evening after VBS.

When the campers go home, the VBS volunteers get to play! Register to volunteer at stmmts.org/vbs.

Don't miss fun events like: karaoke, ice cream, water games, slip n slide kickball and more!

KIDS SUMMER EVENTS *Unplugged*

For students in 6th - 8th grade

MIDDLE SCHOOL SUMMER FUN

Rising 6th - 8th grade students are invited to join our summer interns for fun! Friends are always welcome!

JULY 20, 12PM - 3PM

Gourmet burgers and salads and then make stepping stones for the Celebration Garden.

AUGUST 17, 9AM - 6PM

Mission Event and Museum of the Bible

Questions? Contact Colin and Kassidy at journey@stmmts.org

JOURNEY BREAKFAST CLUB SUNDAYS at 9:30AM

Rising 8th -12th graders are invited to come and be who they are, make friends, and have real conversations about God. Meet in classrooms one & two.

Questions? Contact Ron at journey@stmmts.org



KIDS CHAPEL UNPLUGGED SUNDAYS AT 9:30AM,

Introducing Kids Chapel Unplugged. Designed for rising 6th - 7th graders, Kids Chapel Unplugged was created to support younger Middle School students while providing group discussion, bible study, games, and connection. Kids Chapel Unplugged will meet in classroom four. Questions? Contact Ron at journey@stmmts.org



WATCH WEDNESDAYS AT CHURCH

WEDNESDAYS AT CHURCH

Join Fr. Rob for a discussion on what Jesus had to say about the good life, based on Matthew 5:1-12. We'll meet on Wednesday, July 12 and 19 at 7pm, and finish promptly by 8pm.



**THE GLOBAL
LEADERSHIP SUMMIT**
AUGUST 3 & 4

RSVP TO RESERVE YOUR FREE
SPACE: Office@stmmts.org

GLOBAL LEADERSHIP SUMMIT

Join us at St. Matthew's for world class leadership training from James Clear, Condoleezza Rice, Henry Cloud, and many more. Email Office@stmmts.org to reserve a seat.

NATIONAL SUGAR COOKIE DAY

SWEET, SWEET SUMMER

Join us Sundays in July as we celebrate summer with a sweet treat in the parish hall. Treats will be served between the 9:30am and 11am services. July 9 - National Sugar Cookie Day July 16 - Root Beer and Creamsicle Floats.



VOLUNTEER IN THE GARDEN!

Volunteers of all ages are welcome on Tuesdays from 8:30am - 10:30am to work in the garden!

ARE YOU IN YOUR 20's OR 30's & LOOKING
TO ENRICH YOUR SPIRITUAL LIFE? JOIN US!

Young
Professionals
A.K.A YoPro



CAITLIN.DRONFIELD@STMSTS.ORG

YOUNG PROFESSIONALS

We'd love to meet you and we invite you to join our small group. We are meeting the 2nd and 4th Sundays in July. Contact Caitlin for information.



ST. MATT'S WOMENS RETREAT SEPTEMBER 22-24, 2023 [STMSTS.ORG/RETREAT](https://stmmts.org/retreat)

You're invited to join the women of St. Matthew's to enjoy fellowship and relaxation as we cultivate fertile soil into our hearts. We are excited for the weekend's special guest speaker, Rev. Mary Margaret Winn. Visit the link above for details and registration. Space is limited.



**HELPING
HANDS**

EMAIL LIST SIGN-UP



**HELPING HANDS MINISTRY
OFFICE@STMTTS.ORG**

Our helping hands ministry provides meals, rides, and assistance with errands to community members. It's an easy way to help when it fits into your schedule. Email Miriam to be added to the distribution list.



SUPPORT BACKPACK BUDDIES

**HUNGER RESPONSE TEAM OF
STERLING - HRTS
STERLINGHELP.ORG**

HRTS is a new 501c3 started to address the growing needs of our community. Please help us spread the word by asking two friends or co-workers to join you in supporting a Backpack Buddies child. \$9/week provides six meals to a child right here in our community. Share the link above for more information, and ask your employer about corporate matching.



SAVE THE DATE!

SUNDAY, AUGUST 27TH at 5 PM

☆ **JULY** ☆
FOOD & FUN

FOR MIDDLE & HIGH
SCHOOL STUDENTS

**MIDDLE & HIGH SCHOOL FUN
RSVP: STMTTS.ORG/FOODFUN**

Middle and high school students are invited to join Colin and Ms. Heidi for some summer fun. Friends are welcome!

Wednesday, July 19, 4PM - 8PM

Make your own pizza and watch a movie at the Lathrop house.

Thursday, July 20, 12PM-3PM

Make your own gourmet burger and/or salad and make stepping stones for the Celebration Garden.

Friday, July 21, 10AM - 2PM

Make homemade pasta from scratch, then harvest flowers, make arrangements and deliver to local nursing home residents.

August dates coming soon!



**VBS VOLUNTEER TRAINING
SUNDAY, JULY 23, 12PM
STMTTS.ORG/VBS**

Immediately following the 11am worship service on July 23, all volunteers for this year's VBS are asked to attend a short training session. If you are able, we'd love to have your help with decorating following the meeting.



6 PENTECOST

Sixth Sunday after Pentecost: Proper 9



Revised Common Lectionary
TRACK ONE

Sunday, July 9, 2023

COLLECT

Traditional

O GOD, who hast taught us to keep all thy commandments by loving thee and our neighbor: Grant us the grace of thy Holy Spirit, that we may be devoted to thee with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who liveth and reigneth with thee and the same Spirit, one God, for ever and ever. *Amen.*

Contemporary

O GOD, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

FIRST READING: Genesis 24:34-38, 42-49, 58-67

THE MAN SAID to Rebekah and her household, "I am Abraham's servant. The Lord has greatly blessed my master, and he has become wealthy; he has given him flocks and herds, silver and gold, male and female slaves, camels and donkeys. And Sarah my master's wife bore a son to my master when she was old; and he has given him all that he has. My master made me swear, saying, 'You shall not take a wife for my son from the daughters of the Canaanites, in whose land I live; but you shall go to my father's house, to my kindred, and get a wife for my son.' I came today to the spring, and said, 'O Lord, the God of my master Abraham, if now you will only make successful the way I am going! I am standing here by the spring of water; let the young woman who comes out to draw, to whom I shall say, "Please give me a little water from your jar to drink," and who will say to me, "Drink, and I will draw for your camels also"—let her be the woman whom the Lord has appointed for my master's son.' Before I had finished speaking in my heart, there was Rebekah coming out with her water jar on her shoulder; and she went down to the spring, and drew. I said to her, 'Please let me drink.' She quickly let down her jar from her shoulder, and said, 'Drink, and I will also water your camels.' So I drank, and she also watered the camels. Then I asked her, 'Whose daughter are

you?" She said, "The daughter of Bethuel, Nahor's son, whom Milcah bore to him." So I put the ring on her nose, and the bracelets on her arms. Then I bowed my head and worshiped the Lord, and blessed the Lord, the God of my master Abraham, who had led me by the right way to obtain the daughter of my master's kinsman for his son. Now then, if you will deal loyally and truly with my master, tell me; and if not, tell me, so that I may turn either to the right hand or to the left." And they called Rebekah, and said to her, "Will you go with this man?" She said, "I will." So they sent away their sister Rebekah and her nurse along with Abraham's servant and his men. And they blessed Rebekah and said to her, "May you, our sister, become thousands of myriads; may your offspring gain possession of the gates of their foes." Then Rebekah and her maids rose up, mounted the camels, and followed the man; thus the servant took Rebekah, and went his way. Now Isaac had come from Beer-lahai-roi, and was settled in the Negeb. Isaac went out in the evening to walk in the field; and looking up, he saw camels coming. And Rebekah looked up, and when she saw Isaac, she slipped quickly from the camel, and said to the servant, "Who is the man over there, walking in the field to meet us?" The servant said, "It is my master." So she took her veil and covered herself. And the servant told Isaac all the things that he had done. Then Isaac brought her into his mother Sarah's tent. He took Rebekah, and she became his wife; and he loved her. So Isaac was comforted after his mother's death.

Refrain

Consider and listen closely for the voice of God.

Psalm 45:11-18 *from the Book of Common Prayer*

- | | |
|---|---|
| 11 "Hear, O daughter; consider
and listen closely; * forget
your people and your
father's house. | 13 The people of Tyre are here
with a gift; * the rich among
the people seek your favor." |
| 12 The king will have pleasure
in your beauty; * he is your
master; therefore do him
honor. | 14 All glorious is the princess
as she enters; * her gown is
cloth-of-gold. |
| | 15 In embroidered apparel she
is brought to the king; * after |

- her the bridesmaids follow in procession.
- 16 With joy and gladness they are brought, * and enter into the palace of the king.
- 17 "In place of fathers, O king, you shall have sons; * you shall make them princes over all the earth.
- 18 I will make your name to be remembered from one generation to another; * therefore nations will praise you for ever and ever."

or

Refrain

Rise up, my love, and come away.

Canticle: The Song of My Beloved (Song of Solomon 2:8-13)

Hear the voice of my beloved! *
 Over the mountains he comes leaping,
 bounding over the hills *
 like a young stag or a gazelle.
 See where he stands behind our wall, *
 gazing in at the windows,
 peeking through the lattice.
 My beloved calls to me: *
 Rise up, my love, my beauty, come away;
 for now the winter is past, *
 the rains are over and gone.
 Flowers appear on the earth *
 and the time of singing has come;
 the voice of the turtle-dove *
 is heard throughout our land.
 The fig trees bend with scented fruit; *
 and all the squash-vines blossom,
 sending forth their sweet perfume. *
 Rise up, my love, my beauty, come away.

SECOND READING: Romans 7:15-25a

I DO NOT UNDERSTAND my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me. So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

GOSPEL: Matthew 11:16-19, 25-30

JESUS SAID, "To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another, 'We played the flute for you, and you did not dance; we wailed, and you did not mourn.' For John came neither eating nor drinking, and they say, 'He has a demon'; the Son of Man came eating and drinking, and they say, 'Look, a glutton and a drunkard, a friend of tax collectors and sinners!' Yet wisdom is vindicated by her deeds." At that time Jesus said, "I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

Scripture Text Bulletin Insert No. RCL 202027-RCL. The Scripture quotations are from the New Revised Standard Version of the Bible, copyright © 1989 by the Division of Christian Education of the National Council of Churches of Christ in the U.S.A. Used by permission. Collects and Psalter translation are from The Book of Common Prayer, 1979.

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THIS WEEK AT ST. MATT'S

Sunday, July 9th

Youth Leave for Mission Trip

8:00 am - Rite I Worship Service
9:30 am - Festival Worship Service
11:00 am - Classic Worship Service
12:30 pm - Young Professionals
6:30 pm - Girl Scout Troop 2274

Monday, July 10th

8:00 am - Drama Kids
12:00 pm - Social Time with Candace
7:00 pm - Bread of Life
7:30 pm - Free to Live
8:00 pm - Compline

Tuesday, July 11th

8:00 am - Drama Kids
10:00 am - Staff Meeting
6:30 pm - Alcoholics Anonymous
7:00 pm - Band Rehearsal
7:00 pm - HRTS
8:00 pm - Compline

Wednesday, July 12th

8:00 am - Drama Kids
12:00 pm - Alcoholics Anonymous
7:00 pm - Alcoholics Anonymous
7:00 pm - Wednesdays at Church
8:00 pm - Compline

Thursday, July 13th

8:00 am - Drama Kids
10:45 pm - Anam Cara (Closed Group)
2:00 pm - CSA pick-up
8:00 pm - Compline

Friday, July 14th

8:00 am - Drama Kids
7:00 pm - Old Dominion Dancers
8:00 pm - Compline

Saturday, July 15th

Youth Return from Mission Trip

8:00 am - Men's Group
6:30 pm - Alcoholics Anonymous
7:00 pm - Narcotics Anonymous
8:30 pm - Narcotics Anonymous

HAPPY BIRTHDAY

July 10th: Natalie Dubishar
July 14th: Jennifer Whitehouse
July 15th: Avery Sta. Ana

HAPPY ANNIVERSARY

July 11th: Victoria & Andrew Wiseman

ATTENDANCE

Sunday, July 2, 2023

Time or Place	Attendance Online	Attendance In-Person
8:00 AM	9	22
9:30 AM	22	109
11:00 AM	18	31
Faith Factory		17

HELP SUPPORT ST. MATTHEW'S MINISTRIES

GIVE ONLINE

stmmts.org/give

VENMO

@stmmtssterling



CASH OR CHECK

Checks can be made payable to
"St. Matthew's Church" and
placed into the collection plate

For more ways to give and
information on automatic giving:

stmmts.org/give

WORSHIP OPPORTUNITIES

In-Person & Online

8:00AM | This is a traditional communion service using Rite II from the Book of Common Prayer.

9:30AM | This is a vibrant communion service with our very own live band. If you are looking for a joyous family service with some of the best music around, this is the service for you.

11:00AM | A classic communion service with our fabulous choir. We use Rite II from the Book of Common Prayer.

Compline (evening prayer) Mon.–Fri. at 8pm on Facebook

Online Worship
stmmts.org/live

Sunday services are broadcast on Facebook and YouTube.

St. Matthew's Staff & Vestry

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Rob@stmmts.org

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VESTRY

Sara Warnick, Senior Warden
Andrew Wright, Junior Warden
Caitlin Dronfield
Kristin Drummond
Bob Henry
Sharon Muniz
Robby Stevens

Service Volunteers

Ushers | Marie Thome, Justin Warnick, Jim Helein

Lectors | Darrell Breed and Jim Helein

Eucharistic Ministers LEMs | Rich Henry, Brian Bellamy, Lisa Lintelman, Haley Elliott, Gerry Wardell

Tellers | Erin Leary

Altar Guild | Ann Lowden, Lisa Lintelman, Sue Reier