

To Know and Share God's Love

St. Matthew's Episcopal Church

First Sunday in Lent
Sunday, February 26, 2023

Lent
SPEND TIME
WITH GOD

WEDNESDAYS AT CHURCH

WEDNESDAYS AT CHURCH

This Lent, we invite you to spend time with God by joining us on Wednesday evenings from 7 to 8PM. We'll begin with a brief reflection followed by group discussion. In so doing, we'll take time to consider how we can deepen our understanding of the following topics: March 1: Who is God? March 8: Historical Jesus; Myth or Reality? March 15: The Holy Ghost and the Supernatural March 22: Why Me? March 29: What is Salvation

Lent
Resources

LENT RESOURCES **STMTTS.ORG/LENT**

We welcome you to walk this Lenten journey with us at Saint Matthew's. Use the above link to see a list of resources and services to assist you in your observation of Lent.

You'll find a downloadable daily devotion for adults, devotional cards for kids, and more. Limited printed copies are available for pick up by the front doors of the sanctuary.

WELCOME

We know that going to church or to a new church for the first time can be nerve-racking. We want to help make your first experience at St. Matthew's a great one!

If this is your first visit to Saint Matthew's, we welcome you. Please join us between services for coffee, tea and refreshments in the Parish Hall. For more information about our community, visit our website www.stmtts.org. We are so glad you are here!



COMMUNION OF THE PEOPLE

All baptized Christians are welcome to participate in communion. If you would like to receive, simply place one hand on top of the other, palms up, and the priest will place bread in your hand. You may then consume the wafer. If for any reason you prefer to receive a blessing, simply cross your arms across your chest and the priest will give you a blessing. Gluten free wafers are available upon request.

Would you like to learn more about baptism? Please contact our office via email at Office@stmtts.org or phone at 703-430-2121.

INTERCESSORY PRAYER LIST

The Saint Matthew's intercessory prayer list is for those in or related to our community who are in need of prayer. It is designed so that all members of our community can pray for each other on an ongoing basis. In order to pray for those on the list, simply ask God to be with them and help them in any way needed - God knows what is going on, so we don't need to.

Please pray for the following:

Pete, Skip, Desmond, Jeannie, Michael, Tim, Emma, Susan, James, Sean, Joe, Deb, Beltrane family, Teresa, victims of violence, Amber, Yimam family, Fredericks family, E, Laura, Will, William, Frank, Florence, Jerry, Warren, Eddie, Janice, Charlie, Dillon family, Zach, Amy, Julia, Langenkamp family, Nicholas, Crystal, Paulo, Mary W., Jon, Joyce, John S., Panita, McKeown family, Deepak, Flood victims, Vicki, Greg, Mary Ann, Sharp family, Anthony, Josh, Reatha, Athena, Kathleen, Heriberto, Rosaura, Matthew, Denise, Bellamy family, Jose, Pete, Annie, MaryLea, Alan, Nishah, Marty, John G, Damar, Jeremy, Kyeron, Abigail, Verdun, John, Candace, Lea, Bonnie, Arthur, Mel, Eric, Ginny, Andrew, Bob, Robby, Ron, Corinne, AJ, earthquake victims, & train crash victims.

If you or someone you care about are in need of Pastoral Care, please call 703-430-2121.

8 AM SERVICE

Silent Entrance (Congregation Stands)	
Acclamation and Opening Sentences	351
Bless the Lord who forgives all our sins.	
God's mercy endures for ever.	
Decalogue	350
Confession of Sin and Absolution	352
Collect of the Day (Contemporary)	Insert
Lessons	
First Reading • Genesis 2:15-17; 3:1-7	
Psalm • 32	
Second Reading • Romans 5:12-19	
Gospel • Matthew 4:1-11	
Sermon	The Reverend C. Robert Merola, Jr.
Nicene Creed	358
Prayers of the People	
Peace	360
Announcements & Welcome	
The Holy Communion	
Offertory	
Great Thanksgiving • Eucharistic Prayer B	367
Proper Preface	379
Sanctus	362
The Lord's Prayer	364
Breaking of the Bread	364
Angus Dei	407
Invitation to Communion	
Communion of the People	
Post-Communion Prayer	365
Blessing	
Dismissal	366

9:30 AM SERVICE

The Word of God

Opening Song • Eye of the Tiger

Opening Sentences

Bless the Lord who forgives all our sins.

God's mercy endures forever.

Opening Prayer (stand through the Gospel)

Song • No One Like You

Song • Shelter

Gospel • Matthew 4:1-11

Sermon

The Reverend C. Robert Merola, Jr.

Prayers of the People

Peace

Announcements & Welcome

The Holy Communion

Offertory

(An offertory plate is not passed at this service. If you wish to make a donation, the collection plate can be found at the back of the church, or donations are accepted online at www.stmtts.org/give)

Great Thanksgiving (stand through Communion)

Eucharistic Prayer

Sanctus • Kyrie

The Lord's Prayer

Breaking of the Bread

Communion of the People

Song • Never Far Away

Closing Prayer

Blessing

Closing Song • Let It Rise

Dismissal

11 AM SERVICE

Silent Entrance (Congregation Stands)	
Acclamation and Opening Sentences	351
Bless the Lord who forgives all our sins.	
God's mercy endures for ever.	
Decalogue	350
Confession of Sin and Absolution	352
Collect of the Day (Contemporary)	Insert
Lessons	
First Reading • Genesis 2:15-17; 3:1-7	
Psalm • 32	
Second Reading • Romans 5:12-19	
Gospel • Matthew 4:1-11	
Sermon	The Reverend C. Robert Merola, Jr.
Nicene Creed	358
Prayers of the People	
Peace	360
Announcements & Welcome	
The Holy Communion	
Offertory Anthem • Oh Lord, Be Merciful	
Doxology • Praise God from Whom all Blessings Flow	
Great Thanksgiving • Eucharistic Prayer B	367
Proper Preface	379
Sanctus • Hymn #362 (verses 1 & 4)	
The Lord's Prayer	364
Breaking of the Bread	364
Angus Dei • S163	
Invitation to Communion	
Communion of the People	
Communion Hymn • In the Garden	
Post-Communion Prayer	365
Blessing	
Procession into the World • Hymn #147 (verses, 1, 2, 3, & 5)	
Dismissal	366



FLOWER DEDICATION

DEDICATE EASTER FLOWERS STMTTS.ORG/FLOWERS

You're invited to help us fill the church with flowers as we celebrate the Resurrection on Easter Sunday. Dedications for Easter flowers are welcome to remember loved ones, give thanks for blessings, honor birthdays, anniversaries, or any special occasion. Donations may be made in any amount. Submit donations at stmtts.org/flowers or use the cards provided in the pews. Donations may be made by cash, check, or online at stmtts.org/give.



St. Matthew's LUNCH MEET UP at VIRGINIA KITCHEN

SPRING LUNCH MEET-UP FRIDAY, MARCH 24, 11:45AM

Head over to Virginia Kitchen (450 Elden St, Herndon, VA) at 11:45am, grab a bite to eat, & enjoy good food & great company. Friends are always welcome to join us.



MEN'S GROUP

SATURDAYS AT 8 AM
IN THE TRAILER & ON ZOOM

Email Linden@stmtts.org



EASTER EGG HUNT CANDY DONATIONS NEEDED

Individually packaged, nut-free
candy and toys are appreciated!

EASTER CANDY NEEDED STMTTS.ORG/EGGHUNT

Kids of all ages love the Easter egg hunt on Easter morning! Help us fill thousands of eggs by donating individually packaged candy and small toys. Use the link above to purchase online and ship directly to church. Egg stuffing will begin during coffee hour on March 5.



VOLUNTEER TRAINING

LECTOR/LEM TRAINING SATURDAY, MARCH 4, 10AM

Do you enjoy reading aloud? Would you like to participate in worship by assisting with the distribution of communion? We would love to have you volunteer as a Lay Eucharistic Minister (LEM) and/or Lector (reader)! Training will be on Saturday, March 4 at 10am. For more information, Contact Haley Elliott at Office@stmtts.org.



St. Matthew's Episcopal Church FRIDAY FLASH Weekly Newsletter

Email office@stmtts.org
to be added to the
distribution list today!

DELIVER FOOD FOR LINK FOOD PANTRY



LINK FOOD DELIVERIES [STMMTS.ORG/LINK](https://stmmts.org/link)

Make a difference in the lives of families and individuals in our community by delivering food for the LINK Food Pantry. St. Matt's is specifically helping with deliveries the last two weeks of March 2023. Visit stmmts.org/link to choose a delivery date. Invite a friend - it's a great way to serve together!

TALENT SHOW & SILENT AUCTION

TALENT SHOW & AUCTION SATURDAY, APRIL 15, 6PM

Join us for a night of fun and great talent while supporting the student summer mission trip to Erie, PA. Students are invited to register to participate in the talent show by contacting Jae through the church office at Office@stmmts.org.

BACKPACK BUDDIES GROUP PACKING

BACKPACK BUDDIES [STMMTS.ORG/BACKPACKBUDDIES](https://stmmts.org/backpackbuddies)

Join us Tuesdays at noon in the Classroom on the Hill as we pack bags to support families in our community. We'll ~~al~~²⁷ be packing together on Sunday, March 5 at 10:30am in the parish hall. Learn more ways to help at the link above.

JOIN THE CHOIR

THE ST. MATTHEW'S CHOIR IS BACK!

ALL ARE WELCOME

JOIN THE CHOIR!

The choir sings during the 11am worship service twice per month, and we'd love to have you join us. All are welcome at rehearsal on Thursday, March 5 from 7:30-9:00pm. It's a one time commitment. All voices are invited to participate.

For more information, contact Kevin at kevin@stmmts.org



St. Matthew's Episcopal Church

MESSAGE ON THE GO

CHECK OUT OUR WEEKLY PODCAST

Listen at
stmmts.org/podcast



ARE YOU IN YOUR 20's OR 30's & LOOKING
TO ENRICH YOUR SPIRITUAL LIFE? JOIN US!

Young Professionals A.K.A YoPro



CAITLIN.DRONFIELD@STMMTS.ORG



YOUTH MISSION TRIP JULY 9-15, 2023

This summer, rising 6th graders and up will partner with Group Mission in Erie, PA to repair and transform homes while deepening their faith & building relationships with peers and youth leaders.

Find more information or register today at stmmts.org/youthmission.

A \$50 deposit is due to reserve your spot. Friends are always welcome! Scholarships and payment plans are available. Contact Office@stmmts.org

COFFEE HOUR KIDS

Elementary aged kids are invited to join Ms. Aurelia between the 9:30am and 11am worship services for coffee hour fun while parents enjoy fellowship in the parish hall. Grab a snack and head to classroom two for fun!

Lots of fun coming this winter!
February 26 - Lego Minute to Win It

Read the March newsletter for more information on upcoming events.



DONUTS & DISCOVERY

Noah's Flood: Fact or Fiction?

This week in Donuts & Discovery we kick off a new series called "Fact or Fiction?". Join Ron at 10:30 to look at the scientific evidence plus the Babylonian flood story (Gilgamesh) and draw your own conclusions.

Middle and high school students are invited to meet in classroom four at 10:30AM for a lively discussion.

VACATION BIBLE SCHOOL JULY 24-29, 2023, 5:30-8:30PM STMMTS.ORG/VBS

Shine a light on Jesus' love and launch into a cosmic quest this summer! Save the date for the best week of summer! Register today using the link above, then invite a friend to join you.

Rising 6th graders and above are welcome to join us volunteers!



1 LENT

First Sunday in Lent



Revised Common Lectionary

COLLECT

Sunday, February 26, 2023

Traditional

ALMIGHTY GOD, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. *Amen.*

Contemporary

ALMIGHTY GOD, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

FIRST READING: Genesis 2:15-17; 3:1-7

THE LORD GOD took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden?'" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil."

So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Refrain

Happy are they whose transgressions are forgiven,
and whose sin is put away.

Psalm 32 *from the Book of Common Prayer*

- | | |
|---|--|
| 1 Happy are they whose transgressions are forgiven, * and whose sin is put away! | 5 Then I acknowledged my sin to you, * and did not conceal my guilt. |
| 2 Happy are they to whom the LORD imputes no guilt, * and in whose spirit there is no guile! | 6 I said, "I will confess my transgressions to the LORD." * Then you forgave me the guilt of my sin. |
| 3 While I held my tongue, my bones withered away, * because of my groaning all day long. | 7 Therefore all the faithful will make their prayers to you in time of trouble; * when the great waters overflow, they shall not reach them. |
| 4 For your hand was heavy upon me day and night; * my moisture was dried up as in the heat of summer. | 8 You are my hiding-place; you preserve me from trouble; * you surround me with shouts of deliverance. |

- 9 “I will instruct you and teach you in the way that you should go; * I will guide you with my eye.
- 10 Do not be like horse or mule, which have no understanding; * who must be fitted with bit and bridle, or else they will not stay near you.”
- 11 Great are the tribulations of the wicked; * but mercy embraces those who trust in the LORD.
- 12 Be glad, you righteous, and rejoice in the LORD; * shout for joy, all who are true of heart.

SECOND READING: Romans 5:12-19

JUST AS SIN CAME into the world through one man, and death came through sin, and so death spread to all because all have sinned—sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

GOSPEL: Matthew 4:1-11

AFTER JESUS was baptized, he was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him.

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THIS WEEK AT ST. MATT'S

Sunday, February 26th

8:00 am - Rite I Worship Service
9:30 am - Festival Worship Service
10:30 am - That's in There?!? Youth Grp
11:00 am - Classic Worship Service
12:30 pm - Young Professionals
2:00 pm - Alcoholics Anonymous
6:30 pm - Alcoholics Anonymous
6:30 pm - Girl Scout Troop 2274
8:15 pm - Narcotics Anonymous

Monday, February 27th

9:00 am - Classroom of Discovery
12:00 pm - Social Time with Candace
5:00 pm - Girl Scout Troop 2157
7:00 pm - Bread of Life
7:30 pm - Free to Live
8:00 pm - Compline
8:20 pm - Social Time with Kevin

Tuesday, February 28th

9:00 am - All Ages Read Together
9:00 am - Classroom of Discovery
9:00 am - Staff Meeting
12:00 pm - Backpack Buddies Packing
6:30 pm - Alcoholics Anonymous
7:00 pm - Education for Ministry
7:00 pm - Vestry
8:00 pm - Compline

Wednesday, March 1st

9:00 am - Classroom of Discovery
12:00 pm - Alcoholics Anonymous
7:00 pm - Wednesdays at Church
7:00 pm - Alcoholics Anonymous
8:00 pm - Compline

Thursday, March 2nd

9:00 am - All Ages Read Together
10:45 pm - Anam Cara
8:00 pm - Compline

Friday, March 3rd

7:00 pm - Old Dominion Dancers
8:00 pm - Compline

Saturday, March 4th

8:00 am - Men's Group
9:00 am - Reverence Committee
10:00 am - Lay Eucharistic Minister Trng
6:30 pm - Alcoholics Anonymous
7:00 pm - Narcotics Anonymous
8:30 pm - Narcotics Anonymous

HAPPY BIRTHDAY

February 26th: Tony Solomon, AJ
Glascok, Allison Gradich
February 28th: Brandt Zebrowski
March 1st: Katie Robertson, Zach
Greenlund, JQ Traum
March 3rd: Anne Martini, Pete Hester,
Evie Emanuel

ATTENDANCE

Sunday, February 19, 2023

Time or Place	Attendance Online	Attendance In-Person
8:00 AM	13	23
9:30 AM	30	114
11:00 AM	17	239
Faith Factory		14

HELP SUPPORT ST. MATTHEW'S MINISTRIES

GIVE ONLINE

stmtts.org/give

VENMO

@stmttssterling



CASH OR CHECK

Checks can be made payable to
"St. Matthew's Church" and
placed into the collection plate

**For more ways to give and
information on automatic giving:**

stmtts.org/give

WORSHIP OPPORTUNITIES

In-Person & Online

8:00AM | This is a traditional communion service using Rite II from the Book of Common Prayer.

9:30AM | This is a vibrant communion service with our very own live band. If you are looking for a joyous family service with some of the best music around, this is the service for you.

11:00AM | A classic communion service with our fabulous choir. We use Rite II from the Book of Common Prayer.

Compline (evening prayer) Mon.–Fri. at 8pm on Facebook

Online Worship
stmmts.org/live

Sunday services are broadcast on Facebook and YouTube.

St. Matthew's Staff & Vestry

Rector, Rev. C. Robert Merola, Jr.
Rob@stmmts.org

General Manager, Miriam Turner
Office@stmmts.org

Audio, Livestream Coordinator,
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Kristin.Bellamy@stmmts.org

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Dir. of Student Connections, Ron Whitt
Ron.Whitt@stmmts.org

Office Assistant, Sue Reier
Sue@stmmts.org

VESTRY

Sara Warnick, Senior Warden
Andrew Wright, Junior Warden
Caitlin Dronfield
Kristin Drummond
Bob Henry
Sharon Muniz
Robby Stevens

Service Volunteers

Ushers | Jackie Harbourne, Marie Thomen, Maria Palmer, Justin Warnick, Jim Helein, Lorenzo Martini

Lectors | Debbie Majewski, Kevin Ferguson

Eucharistic Ministers | Darrell Breed, Haley Elliott, Gerry Wardell

Tellers | Dan Robertson

Flower Guild | Martha Olson, Pam Hart, Priscilla Shingleton

Altar Guild | Tom Leary, Sue Reier