

To Know and Share God's Love

St. Matthew's Episcopal Church

Sixth Sunday after the Epiphany
Sunday, February 12, 2023 • 8:00 am



PANCAKE SUPPER **TUESDAY, FEBRUARY 21, 5:30PM**

Join us for a Mardi Gras themed party the evening before Lent begins. We'll enjoy delicious pancakes and breakfast treats.

Contact Lisa Caselli through the church office at Office@stmtts.org if you can help with set-up, serving, or clean-up. We hope to see you there.



WEDNESDAYS AT CHURCH **WEDNESDAYS, 7PM-8PM**

WatCh will meet on February 8 and 15 at 7pm. The topic will be Truth: Is it really out there? And if so, how can we discover it. We'd love to have you join us for what promises to be some lively discussion.

We hope you'll also join us on February 22 for Ash Wednesday, services at 6am, 12pm, 7pm.

WELCOME

We know that going to church or to a new church for the first time can be nerve-racking. We want to help make your first experience at St. Matthew's a great one!

If this is your first visit to Saint Matthew's, we welcome you. Please join us between services for coffee, tea and refreshments in the Parish Hall. For more information about our community, visit our website www.stmmts.org. We are so glad you are here!



COMMUNION OF THE PEOPLE

All baptized Christians are welcome to participate in communion. If you would like to receive, simply place one hand on top of the other, palms up, and the priest will place bread in your hand. You may then consume the wafer. If for any reason you prefer to receive a blessing, simply cross your arms across your chest and the priest will give you a blessing. Gluten free wafers are available upon request.

Would you like to learn more about baptism? Please contact our office via email at Office@stmmts.org or phone at 703-430-2121.

INTERCESSORY PRAYER LIST

The Saint Matthew's intercessory prayer list is for those in or related to our community who are in need of prayer. It is designed so that all members of our community can pray for each other on an ongoing basis. In order to pray for those on the list, simply ask God to be with them and help them in any way needed - God knows what is going on, so we don't need to.

Please pray for the following:

Pete, Skip, Desmond, Jeannie, Michael, Tim, Susan, James, Sean, Joe, Deb, Beltrane family, Teresa, victims of violence, Emma, Amber, Yimam family, Fredericks family, E, Laura, Will, William, Frank, Florence, Jerry, Warren, Eddie, Janice, Charlie, Dillon family, Zach, Amy, Julia, Langenkamp family, Nicholas, Crystal, Paulo, Mary W., Jon, Joyce, John S., Panita, McKeown family, Deepak, Flood victims, Vicki, Greg, Mary Ann, Sharp family, Anthony, Josh, Reatha, Athena, Kathleen, Heriberto, Rosaura, Matthew, Denise, Bellamy family, Jose, Pete, Regina, Neil, Annie, MaryLea, Alan, Nishah, Marty, John G, Damar, Jeremy, Kyeron, Abigail, Verdun, John, Candace, Lea, Bonnie, Arthur, Mel, Eric, Ginny, Andrew, Bob, Robby, Ron, Corinne, and AJ.

If you or someone you care about are in need of Pastoral Care, please call 703-430-2121.

8 AM SERVICE

The Word of God

Opening Prayer	
Acclamation and Collect for Purity	323
Glory to God	324
Collect of the Day (traditional)	Insert
Lessons	
First Reading • Deuteronomy 30:15-20	
Psalm • 119:1-8	
Second Reading • 1 Corinthians 3:1-9	
Gospel • Matthew 5:21-37	
Sermon	Genevieve Zetlan
Nicene Creed	326
Prayers of the People	328
Confession of Sin and Absolution	330
Peace	332
Announcements & Welcome	

The Holy Communion

Offertory	
Presentation of Tithes and Offerings	
<i>All things come of thee, O Lord, And of thine own have we given thee.</i>	
Great Thanksgiving • Eucharistic Prayer I	333
The Lord's Prayer	336
Breaking of the Bread	337
Invitation to Communion	338
Communion of the People	
Post-Communion Prayer	339
Blessing	339
Procession into the World	339-340

9:30 AM SERVICE

The Word of God

Opening Song • I Hope You Dance

Opening Prayer (stand through the Gospel)

Song • The River

Song • Rise Up

Gospel • Matthew 5:21-37

Sermon

Genevieve Zetlan

Presentation of Candidate for Baptism

Landon Beckham Deans
Miaka Lourdes Diaz Deans

Baptismal Covenant

Baptism

Peace

Announcements & Welcome

The Holy Communion

Offertory

(An offertory plate is not passed at this service. If you wish to make a donation, the collection plate can be found at the back of the church, or donations are accepted online at www.stmtts.org/give)

Great Thanksgiving (stand through Communion)

Eucharistic Prayer

Sanctus • Bring the Rain

The Lord's Prayer

Breaking of the Bread

Communion of the People

Song • Come to the Table

Closing Prayer (stand through dismissal)

Blessing

Closing Song • My Lighthouse

Dismissal

11 AM SERVICE

The Word of God

Processional Hymn • #561 (all verses)	
Acclamation and Collect for Purity	355
Gloria • Hymnal S280	
Collect of the Day (Contemporary)	Insert
Lessons	
First Reading • Deuteronomy 30:15-20	
Psalm • 119:1-8	
Second Reading • 1 Corinthians 3:1-9	
Gospel • Matthew 5:21-37	
Sermon	Genevieve Zetlan
Nicene Creed	358
Prayers of the People, Form III	387
Confession and Absolution	360
Peace	360
Announcements & Welcome	

The Holy Communion

Offertory Anthem • Ancient Words	arr. by John Purifoy
Presentation of Tithes and Offerings	
Doxology • Praise God from Whom all Blessings Flow	
Great Thanksgiving • Eucharistic Prayer A	361
Sanctus • Hymnal S130	
The Lord's Prayer	364
Breaking of the Bread	364
Invitation to Communion	
Communion of the People	
Communion Hymn • #343 (all verses)	
Post-Communion Prayer	365
Blessing	
Procession into the World • #344 (all verses)	
Dismissal	366



YOUTH MISSION TRIP JULY 9-15, 2023

This summer, rising 6th graders and up will partner with Group Mission in Erie, PA to repair and transform homes while deepening their faith & building relationships with peers and youth leaders.

Find more information or register today at stmmts.org/youthmission.

A \$50 deposit is due to reserve your spot. Friends are always welcome! Scholarships and payment plans are available. Contact Office@stmmts.org



TABLETOP GAME NIGHT FRIDAY, FEBRUARY 24, 6-10PM

Do you love tabletop games? Parks, Forbidden Desert, Sushi Go, Wing Span, Monopoly, Trouble? There are so many great games! Which is your favorite? Have a fun game that you've been wanting to play? Bring your favorite board or card game and a snack to share, as we enjoy hanging out and trying new games.

QUESTIONS? Contact Mason Turner at Office@stmmts.org



COFFEE HOUR KIDS

Elementary aged kids are invited to join Ms. Aurelia between the 9:30am and 11am worship services for coffee hour fun while parents enjoy fellowship in the parish hall. Grab a snack and head to classroom two for fun!

Lots of fun coming this winter!
February 12 - The Big Game Party
February 19 - All About Lent with Fr. Rob
February 26 - Lego Minute to Win It



VACATION BIBLE SCHOOL JULY 24-29, 2023, 5:30-8:30PM STMMTS.ORG/VBS

Shine a light on Jesus' love and launch into a cosmic quest this summer! Save the date for the best week of summer! Register today using the link above, then invite a friend to join you.

Rising 6th graders and above are welcome to join us volunteers!

COFFEE HOUR

Join us following the 8AM & 9:30AM services in the Parish Hall.



COFFEE HOUR

Do you love coffee hour? It's a chance to visit with friends & catch up after a long week. Do your kids love coffee hour? Do they race to the parish hall to enjoy a treat?

New teams are forming now. Email Miriam in the church office at Office@stmtts.org if you are willing to bring treats and assist with set-up/clean-up once per month.

JOIN THE CHOIR

THE ST. MATTHEW'S CHOIR IS BACK!

ALL ARE WELCOME

JOIN THE CHOIR!

The choir will sing again on Sunday, February 19. All are welcome at rehearsal on Thursday, February 16 from 7:30-9:00pm. It's a one time commitment. All voices are welcome. For more information, contact Kevin at kevin@stmtts.org

Ash Wednesday
REMEMBER YOU ARE DUST

FEBRUARY 22 WITH SERVICES AT 6AM, 12PM, AND 7PM

FLOWER DEDICATION

FLOWER DEDICATION STMTTS.ORG/FLOWERS

The flowers behind the altar this morning are given by the Diaz-Deans family in joyful celebration of the baptisms of Landon and Miaka.

The flowers behind the altar this morning are also given by Wilma Sargent in memory and thanksgiving for her brother-in-law, Thomas A. Sargent (3/7/32 - 1/24/2023), a life well-lived.

LADIES' NIGHT OUT

LOS TOLTECOS AT
DULLES TOWN CENTER

LADIES NIGHT OUT FRIDAY, FEBRUARY 17, 7PM

The ladies of St. Matt's are headed out for a night of delicious food and great company. Join us at Los Toltecos at Dulles Town Center Mall. Email Miriam in the church office (Office@stmtts.org) to save a seat.

MEN'S GROUP

SATURDAYS AT 8 AM
IN THE TRAILER & ON ZOOM

Email Linden@stmtts.org

DELIVER FOOD FOR LINK FOOD PANTRY



LINK FOOD DELIVERIES [STMTTS.ORG/LINK](https://stmtts.org/link)

Make a difference in the lives of families and individuals in our community by delivering food for the LINK Food Pantry. St. Matt's is specifically helping with deliveries the last two weeks of March 2023. Visit stmtts.org/link to choose a delivery date. Invite a friend - it's a great way to serve together!

DONUTS & DISCOVERY

SUNDAYS AT 10:30 AM
Classroom 4

DONUTS & DISCOVERY

"Did you know there are TWO flood stories? And one of them has a raven, not a dove? Come split them apart with Genevieve Zetlan in Donuts and Discovery on Sunday."

This Sunday in Donuts and Discovery middle and high school students are invited to meet in classroom four at 10:30AM for a lively discussion.

BACKPACK BUDDIES GROUP PACKING

BACKPACK BUDDIES [STMTTS.ORG/BACKPACKBUDDIES](https://stmtts.org/backpackbuddies)

Join us Tuesdays at noon in the Classroom on the Hill as we pack bags to support families in our community. We'll also be packing together on Sunday, March 5 at 10:30am in the parish hall. Learn more ways to help at the link above.



St. Matthew's Episcopal Church
**MESSAGE
ON THE GO**

CHECK OUT OUR WEEKLY PODCAST

Listen at
stmtts.org/podcast



STUDENT PANCAKE PREP MONDAY, FEB. 20, 12:30PM

Middle and high school students are invited to join Ron to decorate and set-up for the pancake supper. Pizza and pancake prep - sure sounds fun. Hope to see you there!

**Questions? Contact Ron at
Journey@stmtts.org**

ARE YOU IN YOUR 20's OR 30's & LOOKING
TO ENRICH YOUR SPIRITUAL LIFE? JOIN US!

Young
Professionals
A.K.A YoPro



CAITLIN.DRONFIELD@STMTTS.ORG



6 EPIPHANY

Sixth Sunday after the Epiphany



Revised Common Lectionary

COLLECT

Sunday, February 12, 2023

Traditional

O GOD, the strength of all those who put their trust in thee: Mercifully accept our prayers; and because, through the weakness of our mortal nature, we can do no good thing without thee, grant us the help of thy grace, that in keeping thy commandments we may please thee both in will and deed; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. *Amen.*

Contemporary

O GOD, the strength of all who put their trust in you: Mercifully accept our prayers; and because in our weakness we can do nothing good without you, give us the help of your grace, that in keeping your commandments we may please you both in will and deed; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

FIRST READING: Deuteronomy 30:15-20

SEE, I HAVE SET before you today life and prosperity, death and adversity. If you obey the commandments of the Lord your God that I am commanding you today, by loving the Lord your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the Lord your God will bless you in the land that you are entering to possess. But if your heart turns away and you do not hear, but are led astray to bow down to other gods and serve them, I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. I call heaven and earth to witness against you today that I have set before you life and

death, blessings and curses. Choose life so that you and your descendants may live, loving the Lord your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the Lord swore to give to your ancestors, to Abraham, to Isaac, and to Jacob.

or **FIRST READING:** Sirach 15:15-20

IF YOU CHOOSE, you can keep the commandments, and to act faithfully is a matter of your own choice. He has placed before you fire and water; stretch out your hand for whichever you choose. Before each person are life and death, and whichever one chooses will be given. For great is the wisdom of the Lord; he is mighty in power and sees everything; his eyes are on those who fear him, and he knows every human action. He has not commanded anyone to be wicked, and he has not given anyone permission to sin.

Refrain

Happy are they who walk in the law of the Lord.

Psalm 119:1-8 *from the Book of Common Prayer*

- | | |
|--|---|
| 1 Happy are they whose way is blameless, * who walk in the law of the LORD! | 4 You laid down your commandments, * that we should fully keep them. |
| 2 Happy are they who observe his decrees * and seek him with all their hearts! | 5 Oh, that my ways were made so direct * that I might keep your statutes! |
| 3 Who never do any wrong, * but always walk in his ways. | 6 Then I should not be put to shame, * when I regard all your commandments. |

ose life so that you and your
Lord your God, obeying him,
means life to you and length
ne land that the Lord swore to
am, to Isaac, and to Jacob.

G: Sirach 15:15-20

p the commandments, and to
r own choice. He has placed
a out your hand for whichever
on are life and death, and
given. For great is the wisdom
ower and sees everything; his
, and he knows every human
anyone to be wicked, and he
n to sin.

ain

k in the law of the Lord.

the Book of Common Prayer

- 4 You laid down your
commandments, * that
we should fully keep
them.
- 5 Oh, that my ways were
made so direct * that
I might keep your
statutes!
- 6 Then I should not be
put to shame, * when
I regard all your
commandments.

- 7 I will thank you with an
unfeigned heart, * when
I have learned your
righteous judgments.

SECOND READING

AND SO, brothers and sisters
spiritual people, but rather as
in Christ. I fed you with milk
not ready for solid food. Ever
for you are still of the flesh. F
and quarreling among you, a
behaving according to human
says, "I belong to Paul," and a
are you not merely human? V
Paul? Servants through whom
Lord assigned to each. I plant
gave the growth. So neither th
who waters is anything, but o
The one who plants and the o
purpose, and each will receive
of each. For we are God's serv
God's field, God's building.

GOSPEL: Ma

JESUS SAID, "You have hear
ancient times, 'You shall not r
shall be liable to judgment.' E
angry with a brother or sister,
and if you insult a brother or
council; and if you say, 'You fo
of fire. So when you are offeri
remember that your brother o
you, leave your gift there be
reconciled to your brother or

your gift. Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison. Truly I tell you, you will never get out until you have paid the last penny. You have heard that it was said, 'You shall not commit adultery.' But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell. It was also said, 'Whoever divorces his wife, let him give her a certificate of divorce.' But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery. Again, you have heard that it was said to those of ancient times, 'You shall not swear falsely, but carry out the vows you have made to the Lord.' But I say to you, Do not swear at all, either by heaven, for it is the throne of God, or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. And do not swear by your head, for you cannot make one hair white or black. Let your word be 'Yes, Yes' or 'No, No'; anything more than this comes from the evil one."

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THIS WEEK AT ST. MATT'S

Sunday, February 12th

8:00 am - Rite I Worship Service
9:30 am - Festival Worship Service
10:30 am - That's in There?!? Youth Grp
11:00 am - Classic Worship Service
12:30 pm - Young Professionals
6:30 pm - Alcoholics Anonymous
6:30 pm - Girl Scout Troop 2274
8:15 pm - Narcotics Anonymous

Monday, February 13th

9:00 am - Classroom of Discovery
12:00 pm - Social Time with Candace
7:00 pm - Bread of Life
7:30 pm - Free to Live
8:00 pm - Compline
8:20 pm - Social Time with Kevin

Tuesday, February 14th

9:00 am - All Ages Read Together
9:00 am - Classroom of Discovery
9:00 am - Staff Meeting
12:00 pm - Backpack Buddies Packing
6:30 pm - Alcoholics Anonymous
7:00 pm - Education for Ministry
8:00 pm - Compline

Wednesday, February 15th

9:00 am - Classroom of Discovery
12:00 pm - Alcoholics Anonymous
7:00 pm - Wednesdays At Church
7:00 pm - Alcoholics Anonymous
8:00 pm - Compline

Thursday, February 16th

9:00 am - All Ages Read Together
10:45 pm - Anam Cara
3:00 pm - Pack 956
8:00 pm - Compline

Friday, February 17th

7:00 pm - Old Dominion Dancers
8:00 pm - Compline

Saturday, February 18th

8:00 am - Men's Group
10:30 am - Vestry
6:30 pm - Alcoholics Anonymous
7:00 pm - Narcotics Anonymous
8:30 pm - Narcotics Anonymous

HAPPY BIRTHDAY

February 12th: Sandra Gentry, Andrew Wright
February 14th: Andrew Lee
February 16th: Chris Hallett
February 17th: Linda Thurston, Peyton Elliott

ATTENDANCE

Sunday, February 5, 2023

Time or Place	Attendance Online	Attendance In-Person
8:00 AM	14	15
9:30 AM	30	102
11:00 AM	14	45
Faith Factory		12

HELP SUPPORT
ST. MATTHEW'S MINISTRIES

GIVE ONLINE

stmtts.org/give

VENMO

@stmttssterling



CASH OR CHECK

Checks can be made payable to "St. Matthew's Church" and placed into the collection plate

For more ways to give and information on automatic giving:

stmtts.org/give

WORSHIP OPPORTUNITIES

In-Person & Online

8:00AM | This is a traditional communion service using Rite I from the Book of Common Prayer.

9:30AM | This is a vibrant communion service with our very own live band. If you are looking for a joyous family service with some of the best music around, this is the service for you.

11:00AM | A classic communion service with our fabulous choir. We use Rite II from the Book of Common Prayer.

Compline (evening prayer) Mon.–Fri. at 8pm on Facebook

Online Worship
stmmts.org/live

Sunday services are broadcast on Facebook and YouTube.

St. Matthew's Staff & Vestry

Rector, Rev. C. Robert Merola, Jr.
Rob@stmmts.org

General Manager, Miriam Turner
Office@stmmts.org

Audio, Livestream Coordinator,
Kristin Bellamy
Kristin.Bellamy@stmmts.org

Bookkeeper, Jean DeFuria
Bookkeeper@stmmts.org

Children's Ministry Intern
Aurelia Porto, Aurelia.Porto@stmmts.org

Director Choir, Kevin Fletcher
Kevin@stmmts.org

Dir. of Communications, Kathleen Bellamy
Kathleen@stmmts.org

Dir. of Student Connections, Ron Whitt
Ron.Whitt@stmmts.org

Office Assistant, Sue Reier
Sue@stmmts.org

VESTRY

Sara Warnick, Senior Warden
Andrew Wright, Junior Warden
Caitlin Dronfield
Kristin Drummond
Bob Henry
Sharon Muniz
Robby Stevens

Service Volunteers

Ushers | Jackie Harbourne, Marie Thomen, Justin Warnick, Zena Horaibi, Emory Henderson, Lorenzo Martini

Lectors | Linden Sanders, Kevin Fletcher

Eucharistic Ministers | **LEMs** | Dick Almarode, Carolyn Wright, Richard Henry

Tellers | Dan Robertson

Flower Guild | Martha Olson, Pam Hart, Priscilla Shingleton

Altar Guild | Ann Lowden, Adrienne Miller, Sue Reier