

MAKE THE MOST OF YOUR DAYS

REV. ROB MEROLA

Dear Friends,

I remember it like it was yesterday.

It's Saturday afternoon, and I'm in the office. My brother, who lived in Springfield at the time, calls. He and his family are in the area, and he thought they might drop by for a visit. It's a pleasant surprise; even though I have a lot to do, I drive home.

When I get there, my 20-month-old nephew Ben is running around the backyard (he just turned 21 last July). Somehow that turns into a walk to the Potomac River, a distance of about a mile and a half from our back door.

I'm still in my dress shoes and clergy blacks, though I had taken off the collar. Aunt Karla (our name for my brother Matthew's wife) is eight months pregnant with Elise (now a sophomore on the dance team at Virginia Tech). Our daughters, Christine and Mary, are still at home. They too drop what they are doing and happily join us. On our way to the river, Linda and I walk hand in hand in the warm afternoon sunlight and feel like kids again.

The trail is quite muddy; none of us are able to avoid it. We frequently need to pick Ben up and redirect him so he won't head off into the woods or fall into a stream. As we do so, the mud travels further up our bodies and our clothing. When we get to the river, we throw stones and watch the water go by.

On the way back, Ben finally gives out. He falls asleep in my brother's arms. We were almost home when Matthew gives out and I have to carry him. Ben, that is, not my brother.

The day wasn't anything planned. It just happened. Even now, some 20 years later, I am so glad it did.

Easter will come this month. It will be a time to worship God, and there is nothing that could be more important. But it will also be a time to enjoy the good gifts God has given us in one another, and that is of vital importance as well. In these uncertain times, when none of us knows what tomorrow may hold, it is the wise man, woman, and child who will make the most of their days by making sure they have time for both.

Rob +



THIS ISSUE:

- Holy Week & Easter
- Youth Sunday
- Talent Show
- "The Last of Us" Discussion
- Spring Events

April 2023

WAYS TO CONNECT

JOIN US FOR WORSHIP | Sundays at 8, 9:30 & 11 AM

Faith Factory for Kids Pre-K through Gr. 5 Sundays at 9:30 AM

Donuts & Discovery - Middle & High School Students
Sundays at 10:30 AM

Young Professionals (YoPros) 2nd/4th Sundays at 12:30 PM Caitlin.Dronfield@stmtts.org Compline
Monday Friday at 9

Monday - Friday at 8:00 PM Facebook Live: stmtts.org/live

Social Time with Candace Mondays at 12 PM Zoom Meeting ID: 681-861-620

Bread of Life Prayer Group Mondays at 7:00 PM Darrell@stmtts.org Sandwich Generation

1st & 3rd Tuesdays at 7:30 PM office@stmtts.org

WatCh (Wednesdays at Church) Wednesdays at 7 PM

Men's Group Saturdays at 8:00 AM Linden@stmtts.org

EVENTS & SAVE THE DATES

APRIL

Tuesdays - Backpack Buddies Packing at 12 PM
Wednesdays - WatCh at 7 PM
Sundays at 10:30 Donuts and Discovery
Sat., April 1st - Parish Work Day 9 AM - 12 PM
Sun, April 2nd - Palm Sunday Services
Thurs., April 6th - Maundy Thursday
Fri., April 7th - Good Friday
Sat., April 8th - Holy Saturday
Sun., April 9th - Easter Sunday
Sat., April 15th - Talent Show & Silent Auction
Sun., April 16th - "The Last of Us" Discussion & Dinner 6 PM
Sun., April 30th - Newcomers Reception

MAY

Tuesdays - Backpack Buddies Packing at 12 PM Wednesdays - WatCh at 7 PM Sundays at 10:30 Donuts and Discovery Sun., May 14th - Mother's Day

HOLY WEEK

A LOT CAN HAPPEN IN 7 DAYS













PALM SUNDAY 8, 9:30 & 11 AM

MAUNDY THURSDAY 7:30 PM

GOOD FRIDAY 12 PM & 7:30 PM

HOLY SATURDAY 10 AM



with St. Matthew's Episcopal Church

6:00 AM Easter Sunrise Worship

Join us at Saint Matthew's for a stunning 6 AM Sunrise Worship Service with Paschal fire followed by a light Brunch in the Parish Hall.

9:30 AM Festival Easter Worship with Band*

Join us at 9:30 AM for our vibrant Festival Easter Worship with Band as we joyfully celebrate the resurrection of Jesus.

11:00 AM Easter Worship*

Join us at Saint Matthew's for joyful Easter Worship with Choir & Strings as we celebrate the resurrection of our Lord.

*Outdoor Egg Hunt & Celebration for children following the 9:30 & 11 AM services.

stmtts.org/Easter

EVENTS & PRAYER GROUPS



WatCH (Wednesdays at Church) will resume April 19 and continuing each Wednesday thereafter on into the month of May.

We will meet from 7 to 8 PM as we consider how to live a life pleasing to God.

Topics will include such things as What God Wants, The World: Good or Evil?, The Role of Satan, and What Do We Do With Guilt? Please join us!



DISCUSSION & COOKOUT

SUNDAY, APRIL 16TH | 6 PM - 8 PM

Address: 34 Bedford Drive, Sterling VA
Come through the side gate to the garden

What do YOU think of the ending of The Last of Us?

Join us as we discuss this deeply

emotional turn of events that has generated such deep feelings for so many.

Should be a fun night; if you watched the show, you'll no doubt want to join us! Bring a side dish to share.

(Note: this show contains strong and graphic violence and disturbing themes, so it is not kid friendly).



SANDWICH GENERATION PRAYER GROUP

The "sandwich generation" is defined as a group that cares for their aging parents as well as for their own children. This group offers prayer, fellowship, and support for those in this season of life. This group meets on the first and third Tuesday of the month at 7:30 pm.





STUDENT MINISTRIES

PALM SUNDAY **KIDS PARADE**

APRIL 2ND 9:30 AM

Calling all Kids! Join us for our 9:30 service as we process into the church to celebrate Palm Sunday followed by Faith Factory in the Parish Hall.

EASTER SUNDAY KIDS EVENTS

- Special Easter Children's Church Service - Parish Hall 9:30 AM
- Goodie Bags at all Services
- Egg Hunts following the 9:30 & 11 AM services
- See the Easter Bunny!

Learn more: stmtts.org/Easter

PEEPS DIORAMA CONTEST SUNDAY, APRIL 2ND AT 10:30 AM AWARDS FOR Old Testament New Testament New Testament Best Overall Best Incorporation of a Donut (in honor of our Donuts & Discovery Class) Kids/Students through grade 12 may enter



Middle & High School
Students are invited as we dive
into stories of the bible. Did
those things really happen?
OR are they just stories?

Questions? journey@stmtts.org

CHANGE JARS

SUPPORTING YOUTH MISSION TRIP

Our students are excited about this summer's mission trip to Erie, PA. They will spend a week repairing homes, deepening their faith, and building relationships.

WIII you pick up a change jar by the front doors of the church and add coins over the next few months? As you add coins, pray for our student's lives, and those they meet, to be touched and changed for good. Coins collected in June will be used to defer costs for transportation and supplies.

LEARN MORE: stmtts.org/youthmission





Join us as the Students of St. Matthew's lead our worship service. Questions on how your student can get involved?

Contact journey@stmtts.org



Graduates and their families are cordially invited to celebrate all of your accomplishments.

RSVP office@stmtts.org

APRIL AT ST. MATT'S

PARISH WORK DAY SAT. APRIL 1ST 9 AM - 12 PM

We need YOUR help preparing the church grounds for Easter!

We have inside jobs and outside jobs - options for all ages and ability levels. Join us for any amount of time you can!

Donuts and coffee will be served!

EASTER VOLUNTEERS

Holy Week & Easter Volunteers Needed

- 5-minute jobs
- Jobs you can do from home
- Help with services
 Welcome Visitors
- Put out Eggs for the Egg Hunt and more!

stmtts.org/EasterHelp

VOLUNTEER SPOTLIGHT

PAT & FRANK WAGNER



Pat & Frank have generously donated their time and talents to our Thanksgiving and Easter Bag Food Drives. Their dedication has greatly improved the process and capacity of donations we have been able to share with the community over the last couple of years. We are blessed to have them!



BACKPACK BUDDIES

is now part of the Hunger **Response Team of Sterling**

Why was HRTS created?

HOW CAN YOU HELP?

GIVE - sponsor a child SHOP - drop off food donations SHARE - tell a friend!

LEARN MORE & FIND OUR SHOPPING LISTS: sterlinghelp.org