

To Know and Share God's Love

St. Matthew's Episcopal Church

Third Sunday after the Epiphany
Sunday, January 21, 2024



**PANCAKE
SUPPER &
ANNUAL
MEETING**

**PANCAKE SUPPER/ANNUAL MTG
TUES., FEBRUARY 13, 5:30 PM**

Save the date for our annual pancake supper combined with our annual meeting. Enjoy delicious pancakes and breakfast treats. We will also celebrate the successes from 2023 and share plans and elect new leaders for 2024.

We hope you'll join us. Please contact Lisa Caselli at office@stmmts.org if are able to help with set-up, clean-up, or cooking.



**CHILI & CORNBREAD COOK-OFF
SATURDAY, JAN. 27 AT 6 PM
STMSTS.ORG/CHILI**

Mild, medium, or hot, come share your favorite pot of chili! Join us at St. Matthew's for a good old-fashioned Chili and Cornbread Cook-Off and tasting!

To enter: bring a large crockpot (and extension cord) of your chili or a pan of your favorite cornbread. Awards will be given for Spiciest, Best All Around, Most Unique, and Vegetarian.

WELCOME

We know that going to church or to a new church for the first time can be nerve-racking. We want to help make your first experience at St. Matthew's a great one!

If this is your first visit to Saint Matthew's, we welcome you. Please join us between services for coffee, tea and refreshments in the Parish Hall. For more information about our community, visit our website www.stmmts.org. We are so glad you are here!



COMMUNION OF THE PEOPLE

All baptized Christians are welcome to participate in communion. If you would like to receive, simply place one hand on top of the other, palms up, and the priest will place bread in your hand. You may then consume the wafer. If for any reason you prefer to receive a blessing, simply cross your arms across your chest and the priest will give you a blessing. Gluten free wafers are available upon request.

Would you like to learn more about baptism? Please visit our website: stmmts.org/Baptism or contact our office via email at Office@stmmts.org or phone at 703-430-2121.

INTERCESSORY PRAYER LIST

The Saint Matthew's intercessory prayer list is for those in or related to our community who are in need of prayer. It is designed so that all members of our community can pray for each other on an ongoing basis. In order to pray for those on the list, simply ask God to be with them and help them in any way needed - God knows what is going on, so we don't need to.

Please pray for the following:

MaryLea, Alan, Nishah, Marty, Damar, Jeremy, Kyeron, Abigail, Verdun, Candace, Sieg, Chuck, Lea, Bonnie, Arthur, John G, Gina, Glo, James, Sean, Deb, Teressa, Mel, Eric, Debbie, Marshall, Sites Family, Frank, Tess, Brian, Mike, Zach, Paine, Arjun, Scotty, Brad, Myers Family, Phil, Terry, Kathy, Bobby, Elijah, Philip, Pat, Mary W., Tonia, Bronwyn, Sanjay, Susanna, Fabiano, Lawrence Family, McKeown Family, Viola, Harry R, Karter, Addie, Mercedes Family, Crystal, Benjamin, Shaumbey, Ruth, Rennie, Webster, Julia, Charlene, Dustin, Chris, Madison, Nora, Robert, Missy, Tom, Lynne, Arianna, Amy, Jackie, Ann, Kay, Jane, Panita, Mary Ann, Sharp Family, Saint, Amelia, Kassadi, Kyle, Samantha, Dawn, Ruby, Kay, Clarissa, Huxsten, Dottie, Jonathan, Ageanna, Becky, RL, Priscilla, Darla, Gerry, Paul, Jenny, Reena, Sarah, Brandi, Barbara, Michael, Frances, Jeff, Peggy, Cathleen, Ray, BMR, Asley, Robyn, Emma, and Nick.

If you or someone you care about are in need of Pastoral Care, please call 703-430-2121.

8 AM SERVICE

The Word of God

Opening Prayer	
Acclamation and Collect for Purity	355
Holy God	356
Collect of the Day (contemporary)	Insert
Lessons	
First Reading • Jonah 3:1-5, 10	
Psalm • 62:6-14	
Second Reading • 1 Corinthians 7:29-31	
Gospel • Mark 1:14-20	
Sermon	The Reverend C. Robert Merola, Jr.
Nicene Creed	358
Prayers of the People, Form III	387
Confession of Sin and Absolution	359-360
Peace	360
Announcements & Welcome	

The Holy Communion

Presentation of Tithes and Offerings

(An offertory plate is not passed at this service. If you wish to make a donation, the collection plate can be found at the back of the church, or donations are accepted online at www.stmmts.org/give)

*All things come of thee, O Lord,
And of thine own have we given thee.*

Great Thanksgiving • Eucharistic Prayer A	361
The Lord's Prayer	364
Breaking of the Bread	364
Invitation to Communion	364
Communion of the People	
Post-Communion Prayer	365
Blessing	
Procession into the World	366

The Word of God

Welcome

Opening Prayer

Opening Songs (stand through the Gospel)

Song • Joy

Song • Cornerstone

Gospel • Mark 1:14-20

Sermon

The Reverend C. Robert Merola, Jr.

Prayers of the People

Peace

Announcements & Welcome

The Holy Communion

Offertory

(An offertory plate is not passed at this service. If you wish to make a donation, the collection plate can be found at the back of the church, or donations are accepted online at www.stmmts.org/give)

Great Thanksgiving (stand through Communion)

Eucharistic Prayer

Sanctus

The Lord's Prayer

Breaking of the Bread

Communion of the People

Song • Trust in You

Closing Prayer (stand through dismissal)

Blessing

Closing Song • What a Friend

Dismissal

11 AM SERVICE

The Word of God

Processional Hymn •	
Acclamation and Collect for Purity	355
Gloria • S280	
Collect of the Day (Contemporary)	Insert
Lessons	
First Reading • Jonah 3:1-5, 10	
Psalm • 62:6-14	
Second Reading • 1 Corinthians 7:29-31	
Gospel • Mark 1:14-20	
Sermon	The Reverend C. Robert Merola, Jr.
Nicene Creed	358
Prayers of the People	
Confession of Sin and Absolution	359-360
Peace	360
Announcements & Welcome	

The Holy Communion

Offertory Anthem •	
Presentation of Tithes and Offerings	
Doxology • #380 vs. 3 • Praise God from Whom all Blessings Flow	
Great Thanksgiving • Eucharistic Prayer A	361
Sanctus • Hymnal S129 • Holy, Holy, Holy Lord	
The Lord's Prayer	364
Breaking of the Bread	364
Invitation to Communion	
Communion of the People	
Communion Hymn •	
Post-Communion Prayer	365
Blessing	
Procession into the World •	
Dismissal	366



BACKPACK BUDDIES/HRTS STERLINGHELP.ORG

Thank you for all the ways you share the message with friends, employers, and local businesses that HRTS - Hunger Response Team of Sterling is serving students in our community who are at risk of going hungry.

Want to continue supporting HRTS? Share the message of HRTS and follow us on social media @hungerresponse. Also, Backpack Buddies will be packing at noon on Tuesdays (Jan. 23 & 30th) in the Classroom on the Hill.

We are also accepting donations of shelf-stable, single-serve pantry items (e.g. canned tuna, ramen, snacks, fruit cups).

If you'd like to learn more about how you can help fight childhood hunger in our community, please contact Hilary Hultman-Lee by email at Hilary.Hultman-Lee@hrtsterling.org



FRIDAY FLASH

Email Office@stmmts.org to be added to the weekly email distribution list.



MEN'S GROUP SATURDAYS AT 8AM

All men are welcome to meet in the classrooms on the hill for fellowship, Bible study, and encouragement.



KIDS LEGO PARTY SUNDAY, JANUARY 28, 10:30AM

Lego lovers of all ages are welcome to join us at 10:30 AM for Lego fun.



NEWCOMERS WELCOME AT CHILI COOK OFF - JANUARY 27

Have you recently started attending St. Matthew's? We'd love to get to know you better at the Chili and Cornbread Cook-Off. RSVP to Miriam@stmmts.org and then stop by the Newcomers table at the Chili Cook-off to pick up a special welcome gift.

ENGLISH TEA & TREATS

TEA & TREATS SUNDAY, JANUARY 21, 10:30 AM

You're invited to join us for fellowship and fun in between the 9:30 AM and 11 AM services on Sunday, January 21. Celebrate National Hot Tea month as we enjoy a selection of teas and treats.

WE'RE HIRING

WE'RE HIRING! STMTTS.ORG/WORKWITHUS

St. Matt's is seeking a live stream/ audio tech that is great with troubleshooting and has some experience with sound mixing.



St. Matthew's Episcopal Church
**MESSAGE
ON THE GO**

CHECK OUT OUR
WEEKLY PODCAST

Listen at
stmtts.org/podcast

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Spotify

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Listen on
Google Podcasts

PODCAST NOW AVAILABLE

Love the sermon? Want to listen again or share with a friend? Check out the weekly podcast on Spotify, Apple Podcasts, or Google.

ST. MATTHEW'S
WOMEN'S
brunch
& SMALL GROUP

2024 WOMEN'S MINISTRY SATURDAY, FEB. 10, 9AM - 11AM

RSVP: stmtts.org/womensbrunch
Join us for a delightful Women's Brunch and Small Group Event at St. Matthew's! Connect with fellow women in our community for a time of fellowship, discuss the plans for the 2024 Women's Ministry, and enjoy delicious food. Contact the office with questions or if you need child care at Office@stmtts.org

WEDNESDAY BIBLE STUDY "IN THE BEGINNING"

WEDNESDAY BIBLE STUDY


Join Fr. Rob on Wednesday evenings from 7 PM - 8 PM for a new series. Together we will explore various Bible passages "In the Beginning."

January 24 - Joshua 1

January 31 - 2 Corinthians 5:11-21

February 7 - Revelation 21

FOLLOW US ON SOCIAL MEDIA

 @stmttssterling

 @StMatthewsEpiscopalChurch



YOUTH GROUP EVENTS

YOUTH GROUP [STMMTS.ORG/YOUTHEEVENTS](https://stmmts.org/youthevents)

DONUTS & DISCOVERY

Middle and high school students are invited to join Ben on Sundays in January at 10:30am in the parish hall for donuts and discussion.

SAVE THE DATES: SATURDAY, JANUARY 27 CHILI COOK-OFF

Join Ben at St. Matt's to create the youth entry for the chili and cornbread cook-off. Together we will bring the heat! Meet at church at 3 PM to start cooking. The Chili Cook-Off begins at 6 PM.

PANCAKE SUPPER SET-UP TUESDAY, FEBRUARY 13

Join Ben after school to help decorate and set-up for the annual pancake supper. The reward for your hard work will be having fun together and enjoying piles of delicious, piping hot pancakes! You won't want to miss it.

BAND APP

Are you a middle or high school student, or the parent of a middle or high school student? Join the St. Matt's Youth Group App for updates, group chat, event reminders and more. Click the QR code to join today.



ST. MATTHEW'S GAME NIGHT

GAME NIGHT FRIDAY, JANUARY 26, 6-9PM

Do you love tabletop games? Parks, Forbidden Desert, Sushi Go, Wing Span, Who Killed Dr. Lucky? There are so many great games! Which is your favorite? Bring your favorite game and a snack to share, as we hang out and try new games.

We meet the last Friday of each month in classrooms 1 & 2.



2024 YOUTH GROUP SUMMER MISSION TRIP

SUMMER 2024 YOUTH MISSION [STMMTS.ORG/YOUTHMISSION](https://stmmts.org/youthmission)

Register now for the youth mission trip, June 23-29, 2024. Rising sixth - twelfth graders (and chaperones) are invited. The goal this year is to help students navigate the many influences in their lives and encourage them to look toward Jesus, the greatest influencer of all time, so they use their influence to positively change their culture.

Find more details and register at
[STMMTS.ORG/YOUTHMISSION](https://stmmts.org/youthmission)



Revised Common Lectionary

Third Sunday after the Epiphany, Year B

The Collect:

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Old Testament: Jonah 3:1-5, 10

¹ The word of the Lord came to Jonah a second time, saying, ²“Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you.” ³So Jonah set out and went to Nineveh, according to the word of the Lord. Now Nineveh was an exceedingly large city, a three days’ walk across. ⁴Jonah began to go into the city, going a day’s walk. And he cried out, “Forty days more, and Nineveh shall be overthrown!”

⁵ And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth. ¹⁰When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

Psalm: Psalm 62: 6-14

⁶ For God alone my soul in silence waits; *
truly, my hope is in him.

⁷ He alone is my rock and my salvation, *
my stronghold, so that I shall not be shaken.

⁸ In God is my safety and my honor; *
God is my strong rock and my refuge.

⁹ Put your trust in him always, O people, *
pour out your hearts before him, for God is our refuge.

- ¹⁰ Those of high degree are but a fleeting breath, *
even those of low estate cannot be trusted.
- ¹¹ On the scales they are lighter than a breath, *
all of them together.
- ¹² Put no trust in extortion;
in robbery take no empty pride; *
though wealth increase, set not your heart upon it.
- ¹³ God has spoken once, twice have I heard it, *
that power belongs to God.
- ¹⁴ Steadfast love is yours, O Lord, *
for you repay everyone according to his deeds.

Epistle: 1 Corinthians 7:29-31

²⁹ I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, ³⁰and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, ³¹and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

Gospel: Mark 1:14-20

¹⁴ Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, ¹⁵and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news." ¹⁶As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea—for they were fishermen. ¹⁷And Jesus said to them, "Follow me and I will make you fish for people." ¹⁸And immediately they left their nets and followed him. ¹⁹As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. ²⁰Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

The Old Testament, New Testament and Gospels readings are from the New Revised Standard Version Bible, copyright 1989, 1995, Division of Christian Education of the National Council of the Churches of Christ in the United States of America.
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The Collects, Psalms, and Canticles are from the Book of Common Prayer, 1979.

THIS WEEK AT ST. MATT'S

Sunday, January 21st

- 8:00 am - Rite I Worship Service
- 9:30 am - Festival Worship Service
- 10:30 am - Donuts & Discovery for Middle & High School Students
- 10:30 am - Tea & Treats at Coffee Hour
- 11:00 am - Classic Worship Service
- 6:30 pm - Girl Scout Troop 2274

Monday, January 22nd

- 12:00 pm - Social Time with Candace
- 7:00 pm - Bread of Life
- 7:30 pm - Free to Live
- 8:00 pm - Compline

Tuesday, January 23rd

- 9:30 am - All Ages Read Together
- 10:00 am - Staff Meeting
- 12:00 pm - Backpack Buddies Packing
- 6:30 pm - Alcoholics Anonymous
- 7:00 pm - Band Rehearsal
- 7:00 pm - Education for Ministry
- 7:00 pm - Vestry
- 8:00 pm - Compline

Wednesday, January 24th

- 12:00 pm - Alcoholics Anonymous
- 7:00 pm - Bible Study
- 8:00 pm - Compline

Thursday, January 25th

- 9:30 am - All Ages Read Together
- 11:00 am - Anam Cara (closed group)
- 7:30 pm - Choir Rehearsal
- 8:00 pm - Compline

Friday, January 26th

- 6:00 pm - Game Night
- 8:00 pm - Compline

Saturday, January 27th

- 8:00 am - Men's Group
- 3:00 pm - Youth Chili Prep
- 6:00 pm - Chili Cook Off
- 6:30 pm - Alcoholics Anonymous
- 7:00 pm - Narcotics Anonymous
- 8:30 pm - Narcotics Anonymous

HAPPY BIRTHDAY

- January 22nd: Glenn Lintelman, John Runski
- January 23rd: Annabella Rose
- January 24th: Gina Schlabach, Natalie Brennan
- January 25th: David Stoneburner, Ceci O'Grady
- January 26th: Allison Lesser
- January 27th: Grace Kelly

HAPPY ANNIVERSARY

- January 22nd: Peggy & Jeff Beyer
- January 24th: Renee & John Martin


ATTENDANCE

January 14, 2024

Time or Place	Attendance Online	Attendance In-Person
8:00 AM	18	30
9:30 AM	34	159
11:00 AM	20	27
Faith Factory		23
Youth Group		4


HELP SUPPORT


ST. MATTHEW'S MINISTRIES



GIVE ONLINE


stmmts.org/give






venmo

@stmmtssterling





CASH OR CHECK

Checks can be made payable to "St. Matthew's Church"

For more ways to give and information on automatic giving:

stmmts.org/give

WORSHIP OPPORTUNITIES

In-Person & Online

8:00AM | This is a traditional communion service using Rite II from the Book of Common Prayer.

9:30AM | This is a vibrant communion service with our very own live band. If you are looking for a joyous family service with some of the best music around, this is the service for you.

11:00AM | A classic communion service with our fabulous choir. We use Rite II from the Book of Common Prayer.

Compline (evening prayer) Mon.–Fri. at 8pm on Facebook

Online Worship
stmmts.org/live

Sunday services are broadcast on Facebook and YouTube.

St. Matthew's Staff & Vestry

Rector, Rev. C. Robert Merola, Jr.
Rob@stmmts.org

General Manager, Miriam Turner
Office@stmmts.org

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VESTRY

Sara Warnick, Senior Warden

Andrew Wright, Junior Warden

Caitlin Dronfield

Kristin Drummond

Bob Henry

Sharon Muniz

Robby Stevens

Service Volunteers

Ushers | Fred Brittain, Maria Palmer, Justin Warnick, Sharon Ferguson, Cheryl Gilligan

Lectors | Darrell Breed, Sue Reier

Eucharistic Ministers LEMs | Debbie Majewski, Brian Bellamy, Haley Elliott, Cindy Steinman, Gerry Wardell

Tellers | Dan Robertson

Altar Guild | Richard Henry, Ann Lowden, Anitrus Jones